

Spiced Coffee Cake







MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

Ingredients

Ш	0.5 teaspoon baking soda
	0.8 cup firmly brown sugar dark packed
	0.5 cup butter softened
	1 cup buttermilk
	2 large eggs

- 2 cups flour all-purpose
- 0.7 cup granulated sugar
- 0.8 teaspoon ground cinnamon
- O.5 teaspoon ground nutmeg

	0.5 teaspoon salt	
H	9 servings streusel topping	
	1 teaspoon vanilla extract	
	T touspoon vulnilu extruct	
Equipment		
	bowl	
	frying pan	
	oven	
	hand mixer	
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Directions		
	Combine first 5 ingredients in a small bowl.	
	Beat butter, dark brown sugar, and granulated sugar at medium speed with an electric mixer until combined.	
	Add eggs, 1 at a time, beating until blended after each addition.	
	Add vanilla, beating until blended.	
	Add flour mixture to butter mixture alternately with buttermilk, beginning and ending with flour mixture. Beat at low speed until blended after each addition.	
	Pour batter into a lightly greased 9-inch square pan; sprinkle evenly with Streusel Topping.	
	Bake at 350 for 35 to 40 minutes or until a wooden pick inserted in center comes out clean.	
	Serve warm or at room temperature.	
Nutrition Facts		
	PROTEIN 5.91% FAT 31.58% CARBS 62.51%	
	TROTEIN 0.0170 TAT 01.0070 CARDS 02.0170	

Properties

Glycemic Index:33.45, Glycemic Load:26.11, Inflammation Score:-4, Nutrition Score:6.6534782548476%

Nutrients (% of daily need)

Calories: 356.43kcal (17.82%), Fat: 12.62g (19.41%), Saturated Fat: 7.45g (46.56%), Carbohydrates: 56.2g (18.73%), Net Carbohydrates: 55.31g (20.11%), Sugar: 34.43g (38.26%), Cholesterol: 71.39mg (23.8%), Sodium: 324.23mg

(14.1%), Alcohol: 0.15g (100%), Alcohol %: 0.17% (100%), Protein: 5.31g (10.63%), Selenium: 14.28μg (20.4%), Vitamin B1: 0.24mg (15.76%), Folate: 58.08μg (14.52%), Vitamin B2: 0.24mg (14.26%), Manganese: 0.24mg (12.17%), Iron: 1.66mg (9.24%), Vitamin B3: 1.71mg (8.53%), Vitamin A: 419.78IU (8.4%), Phosphorus: 79.77mg (7.98%), Calcium: 61.94mg (6.19%), Vitamin B5: 0.43mg (4.33%), Vitamin B12: 0.24μg (4.06%), Vitamin D: 0.57μg (3.79%), Fiber: 0.89g (3.56%), Copper: 0.07mg (3.5%), Potassium: 113.39mg (3.24%), Magnesium: 12.85mg (3.21%), Vitamin E: 0.47mg (3.16%), Zinc: 0.47mg (3.15%), Vitamin B6: 0.05mg (2.47%), Vitamin K: 1.16μg (1.1%)