



## Spiced Orange Star Cocktail Cookies

READY IN



100 min.

SERVINGS



42

CALORIES



135 kcal

DESSERT

### Ingredients

- 0.3 cup butter melted
- 1 eggs
- 0.3 cup flour all-purpose
- 0.3 teaspoon ground allspice
- 0.3 teaspoon ground cinnamon
- 0.3 teaspoon ground cloves
- 0.5 teaspoon ground ginger
- 2 tablespoons milk
- 42 servings cranberry-orange relish

- 2 tablespoons orange juice orange-flavored
- 1 tablespoon orange zest grated
- 2.5 cups powdered sugar
- 1 pouch sugar cookie mix (1 lb 1.5 oz)

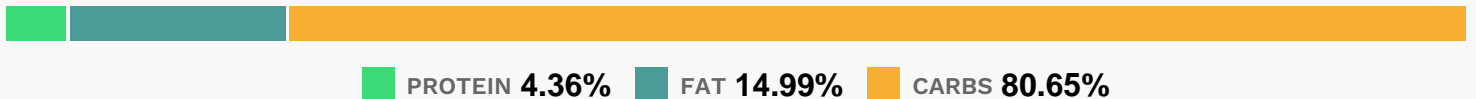
## Equipment

- bowl
- baking sheet
- oven
- cookie cutter

## Directions

- Heat oven to 375F. In medium bowl, stir cookie ingredients until soft dough forms. Refrigerate 1 hour.
- On generously floured surface, roll dough 1/8 inch thick.
- Cut with 3-inch star-shaped cookie cutter. Reroll and cut remaining dough. On ungreased cookie sheets, place cutouts 1 inch apart.
- Bake 7 to 9 minutes or until edges are set. Cool 1 minute; remove from cookie sheets. Cool completely, about 15 minutes.
- In small bowl, stir 2 tablespoons of the milk, the orange liqueur and powdered sugar until smooth. Stir in orange peel.
- Add additional milk 1 teaspoon at a time to desired consistency.
- Spread over cookies, sprinkle with edible glitter.

## Nutrition Facts



## Properties

Glycemic Index:5.42, Glycemic Load:4.06, Inflammation Score:-5, Nutrition Score:5.2130435354522%

## Flavonoids

Hesperetin: 24.62mg, Hesperetin: 24.62mg, Hesperetin: 24.62mg, Hesperetin: 24.62mg Naringenin: 13.81mg, Naringenin: 13.81mg, Naringenin: 13.81mg, Naringenin: 13.81mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

## **Nutrients (% of daily need)**

Calories: 134.75kcal (6.74%), Fat: 2.33g (3.59%), Saturated Fat: 0.36g (2.27%), Carbohydrates: 28.23g (9.41%), Net Carbohydrates: 26.02g (9.46%), Sugar: 20.99g (23.32%), Cholesterol: 3.98mg (1.33%), Sodium: 52.71mg (2.29%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.53g (3.06%), Vitamin C: 48.49mg (58.77%), Fiber: 2.21g (8.85%), Folate: 31.06µg (7.76%), Vitamin B1: 0.09mg (6.21%), Vitamin A: 276.1IU (5.52%), Potassium: 169.65mg (4.85%), Calcium: 38.81mg (3.88%), Vitamin B2: 0.05mg (3.06%), Vitamin B6: 0.06mg (2.88%), Vitamin B5: 0.25mg (2.51%), Magnesium: 9.65mg (2.41%), Manganese: 0.05mg (2.29%), Copper: 0.04mg (2.18%), Vitamin B3: 0.35mg (1.77%), Phosphorus: 16.85mg (1.69%), Selenium: 1.1µg (1.57%), Vitamin E: 0.23mg (1.54%), Iron: 0.2mg (1.11%)