



Spicy Grapefruit Margarita

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



222 kcal

BEVERAGE

DRINK

Ingredients

- 1 pepper flakes halved
- 6 cups grapefruit juice fresh
- 8 servings kosher salt
- 2 cups tequila

Equipment

Directions

- Mix tequila and chiles in a large pitcher.
- Let steep 3 hours, or longer if a spicier tequila is desired. Discard chiles. DO AHEAD: Can be made 1 month ahead. Cover; chill.
- Pour enough water onto a small plate to cover.
- Pour enough salt onto another small plate to cover by 1/4". Dip rims of eight 12-ounce glasses into water, then into salt to lightly coat; fill with ice.
- Add grapefruit juice to pitcher with tequila. Fill with ice; stir until cold. Divide drink among glasses.

Nutrition Facts

PROTEIN 5.36% **FAT 2.09%** **CARBS 92.55%**

Properties

Glycemic Index:13.5, Glycemic Load:9.53, Inflammation Score:-5, Nutrition Score:4.5573914093168%

Nutrients (% of daily need)

Calories: 222.27kcal (11.11%), Fat: 0.2g (0.31%), Saturated Fat: 0g (0.01%), Carbohydrates: 20.14g (6.71%), Net Carbohydrates: 19.88g (7.23%), Sugar: 19.77g (21.96%), Cholesterol: 0mg (0%), Sodium: 198.44mg (8.63%), Alcohol: 20.04g (100%), Alcohol %: 10.45% (100%), Protein: 1.17g (2.33%), Vitamin C: 55.7mg (67.51%), Potassium: 306.09mg (8.75%), Magnesium: 19mg (4.75%), Iron: 0.79mg (4.4%), Vitamin B3: 0.61mg (3.04%), Phosphorus: 24.29mg (2.43%), Vitamin B5: 0.19mg (1.88%), Calcium: 15.07mg (1.51%), Vitamin B6: 0.03mg (1.45%), Zinc: 0.22mg (1.44%), Vitamin A: 65.94IU (1.32%), Folate: 4.83µg (1.21%), Manganese: 0.02mg (1.09%), Fiber: 0.26g (1.05%)