



Spicy Oatmeal Raisin Cookies

 Dairy Free

READY IN



45 min.

SERVINGS



48

CALORIES



64 kcal

DESSERT

Ingredients

- 2 eggs
- 1 cup oats quick
- 0.5 cup raisins
- 18.3 ounce spice cake mix
- 0.5 cup vegetable oil

Equipment

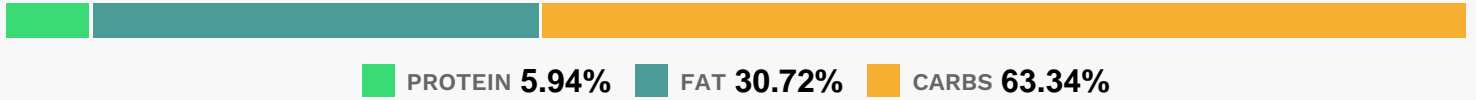
- bowl
- baking sheet

- oven
- hand mixer

Directions

- Preheat oven to 350 degrees F (175 degrees C). Grease baking sheets.
- Combine cake mix, oats, eggs, and oil in large bowl. Beat at low speed with electric mixer until blended. Stir in raisins.
- Drop by teaspoonfuls onto baking sheets.
- Bake for 7–9 minutes or until lightly browned. Cool 1 minute on baking sheet.

Nutrition Facts



Properties

Glycemic Index:2.58, Glycemic Load:1.28, Inflammation Score:-1, Nutrition Score:1.669565230284%

Nutrients (% of daily need)

Calories: 64.48kcal (3.22%), Fat: 2.24g (3.45%), Saturated Fat: 0.52g (3.26%), Carbohydrates: 10.39g (3.46%), Net Carbohydrates: 9.95g (3.62%), Sugar: 5.06g (5.62%), Cholesterol: 6.82mg (2.27%), Sodium: 73.89mg (3.21%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.97g (1.95%), Manganese: 0.14mg (6.86%), Phosphorus: 36.86mg (3.69%), Iron: 0.66mg (3.65%), Vitamin B1: 0.05mg (3.21%), Vitamin B2: 0.04mg (2.3%), Selenium: 1.37µg (1.96%), Copper: 0.04mg (1.93%), Magnesium: 7.5mg (1.87%), Fiber: 0.44g (1.78%), Folate: 6.94µg (1.74%), Potassium: 57.79mg (1.65%), Vitamin B3: 0.31mg (1.53%), Vitamin K: 1.58µg (1.51%), Calcium: 12.38mg (1.24%)