



Spicy Sushi Dipping Sauce



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



2

CALORIES



18 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 teaspoon chile-garlic sauce sriracha® (such as)
- ☐ 1 pinch garlic powder
- ☐ 1 slice optional: lemon thin
- ☐ 0.3 teaspoon sesame oil
- ☐ 2 tablespoons soya sauce

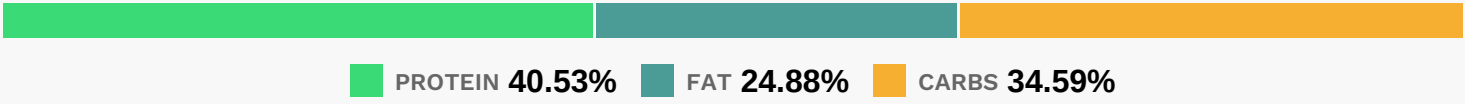
Equipment

- ☐ bowl

Directions

Stir soy sauce, chile-garlic sauce, sesame oil, and garlic powder together in a small bowl; add lemon slice.

Nutrition Facts



Properties

Glycemic Index:22.75, Glycemic Load:0.19, Inflammation Score:-1, Nutrition Score:1.2365217474492%

Flavonoids

Eriodictyol: 0.75mg, Eriodictyol: 0.75mg, Eriodictyol: 0.75mg, Eriodictyol: 0.75mg Hesperetin: 0.98mg, Hesperetin: 0.98mg, Hesperetin: 0.98mg, Hesperetin: 0.98mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 17.85kcal (0.89%), Fat: 0.53g (0.81%), Saturated Fat: 0.07g (0.47%), Carbohydrates: 1.65g (0.55%), Net Carbohydrates: 1.36g (0.49%), Sugar: 0.61g (0.68%), Cholesterol: 0mg (0%), Sodium: 1066.99mg (46.39%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.94g (3.88%), Manganese: 0.09mg (4.57%), Vitamin B3: 0.72mg (3.58%), Iron: 0.45mg (2.51%), Phosphorus: 24.17mg (2.42%), Vitamin C: 1.86mg (2.25%), Vitamin B6: 0.04mg (1.98%), Magnesium: 7.52mg (1.88%), Vitamin B2: 0.03mg (1.65%), Copper: 0.03mg (1.29%), Potassium: 43.59mg (1.25%), Fiber: 0.3g (1.19%)