



Spiked Tagalong Milkshake

READY IN



10 min.

SERVINGS



2

CALORIES



1241 kcal

DESSERT

BEVERAGE

DRINK

Ingredients

- ☐ 2 ounces bourbon
- ☐ 1 cup ice-cream chocolate shell (6 ounces / 2 medium scoops)
- ☐ 2 servings chocolate syrup
- ☐ 2 cups whipped cream (12 ounces / 4 medium scoops)
- ☐ 0.3 teaspoon salt
- ☐ 0.8 cup creamy peanut butter
- ☐ 2 servings whipped cream toasted chopped
- ☐ 0.8 cup milk whole

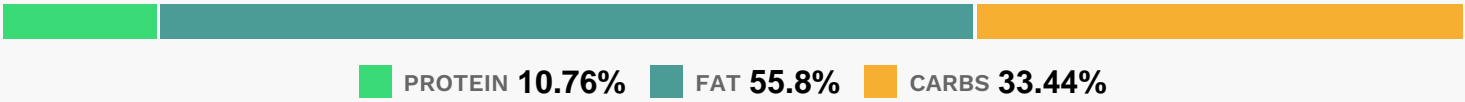
Equipment

☐ blender

Directions

- ☐ Add chocolate ice cream, butter pecan ice cream, milk, bourbon, salt, and peanut butter to a blender. Purée until smooth.
- ☐ Drizzle chocolate syrup on sides of serving glasses. Divide blended milkshake among glasses, top with whipped cream and toasted peanuts.

Nutrition Facts



Properties

Glycemic Index:116.5, Glycemic Load:31.76, Inflammation Score:-9, Nutrition Score:32.41173899692%

Nutrients (% of daily need)

Calories: 1240.8kcal (62.04%), Fat: 75.93g (116.82%), Saturated Fat: 25.96g (162.26%), Carbohydrates: 102.4g (34.13%), Net Carbohydrates: 95g (34.55%), Sugar: 79.65g (88.5%), Cholesterol: 96.06mg (32.02%), Sodium: 925.84mg (40.25%), Alcohol: 9.47g (100%), Alcohol %: 2.6% (100%), Caffeine: 4.38mg (1.46%), Protein: 32.93g (65.86%), Manganese: 1.68mg (84.18%), Phosphorus: 687.69mg (68.77%), Vitamin B3: 13.4mg (67.01%), Vitamin E: 9.5mg (63.33%), Magnesium: 238.77mg (59.69%), Vitamin B2: 0.78mg (45.94%), Calcium: 412.69mg (41.27%), Copper: 0.74mg (36.92%), Potassium: 1208.99mg (34.54%), Zinc: 4.45mg (29.68%), Fiber: 7.4g (29.6%), Vitamin B6: 0.59mg (29.51%), Folate: 101.35µg (25.34%), Vitamin B5: 2.52mg (25.23%), Vitamin A: 1019.61IU (20.39%), Vitamin B12: 1.22µg (20.3%), Vitamin B1: 0.27mg (18.27%), Iron: 3.27mg (18.15%), Selenium: 10.38µg (14.82%), Vitamin D: 1.43µg (9.51%), Vitamin C: 1.33mg (1.62%), Vitamin K: 1.47µg (1.4%)