



Spiral Candle Cake

 Dairy Free

READY IN



128 min.

SERVINGS



16

CALORIES



239 kcal

DESSERT

Ingredients

- 1 box vanilla cake donut holes your favorite (or flavor)
- 16 oz vanilla frosting your favorite (or flavor)
- 1 serving candy melts
- 0.1 inch frangelico thin
- 1 serving frangelico

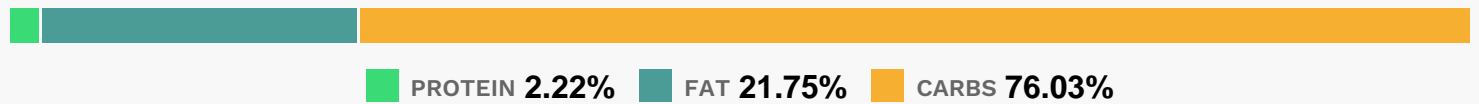
Equipment

- oven

Directions

- Heat oven to 350°F (325°F for dark or nonstick pans). Make, bake and cool cake as directed on box for two 8-inch or 9-inch rounds.
- While cake is cooling, place candles in warm water until soft and pliable; wrap each candle around pencil. Cool candles about 15 seconds; remove pencils.
- Place 1 cake layer, rounded side down, on serving plate.
- Spread with about 1/3 cup frosting.
- Place other layer, rounded side up, on top. Frost side and top of cake with remaining frosting. Arrange candles and wafers on cake.

Nutrition Facts



Properties

Glycemic Index:2.69, Glycemic Load:8.28, Inflammation Score:-1, Nutrition Score:3.0595651968666%

Nutrients (% of daily need)

Calories: 238.84kcal (11.94%), Fat: 5.79g (8.91%), Saturated Fat: 1.48g (9.25%), Carbohydrates: 45.55g (15.18%), Net Carbohydrates: 45.19g (16.43%), Sugar: 31.5g (35%), Cholesterol: 0mg (0%), Sodium: 276.12mg (12.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.33g (2.66%), Phosphorus: 114mg (11.4%), Vitamin B2: 0.16mg (9.16%), Calcium: 71.61mg (7.16%), Folate: 24.89µg (6.22%), Vitamin B1: 0.07mg (4.86%), Vitamin E: 0.71mg (4.77%), Vitamin K: 4.56µg (4.34%), Vitamin B3: 0.83mg (4.17%), Selenium: 2.81µg (4.01%), Iron: 0.68mg (3.75%), Manganese: 0.07mg (3.31%), Fiber: 0.36g (1.42%), Copper: 0.03mg (1.31%), Zinc: 0.17mg (1.12%), Vitamin B5: 0.11mg (1.11%)