



Spirited Hot Mocha

 Gluten Free

READY IN



45 min.

SERVINGS



10

CALORIES



315 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 cup brandy
- ☐ 0.3 cup coffee granules instant
- ☐ 8 cups milk
- ☐ 0.5 cup powdered sugar
- ☐ 6 ounce semisweet chocolate mini-morsels chopped (6-ounce package)

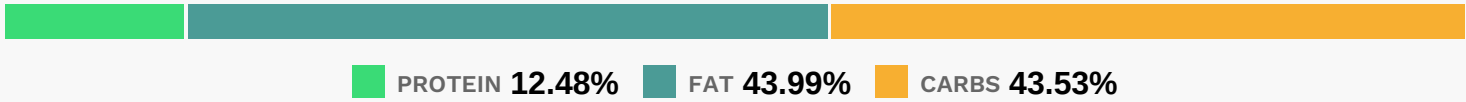
Equipment

- ☐ whisk
- ☐ slow cooker

Directions

- ☐ Combine first 5 ingredients in a 4-quart slow cooker.
- ☐ Cover and cook on LOW 4 to 5 hours or until thoroughly heated and chocolate is melted, whisking after 2 hours.
- ☐ Whisk before serving.
- ☐ Serve with sweetened whipped cream and grated chocolate, if desired.
- ☐ Serve this spiked favorite straight from the slow cooker.

Nutrition Facts



Properties

Glycemic Index:5.3, Glycemic Load:3.46, Inflammation Score:-5, Nutrition Score:10.275217470915%

Nutrients (% of daily need)

Calories: 315.27kcal (15.76%), Fat: 12.79g (19.68%), Saturated Fat: 7.39g (46.19%), Carbohydrates: 28.48g (9.49%), Net Carbohydrates: 27.12g (9.86%), Sugar: 21.5g (23.89%), Cholesterol: 24.44mg (8.15%), Sodium: 78.43mg (3.41%), Alcohol: 8.02g (100%), Alcohol %: 4.09% (100%), Caffeine: 200.35mg (66.78%), Protein: 8.17g (16.33%), Phosphorus: 260.26mg (26.03%), Calcium: 259.04mg (25.9%), Magnesium: 72.7mg (18.18%), Vitamin B12: 1.08µg (18.08%), Potassium: 599.23mg (17.12%), Manganese: 0.34mg (16.95%), Vitamin B2: 0.28mg (16.72%), Vitamin D: 2.15µg (14.31%), Copper: 0.23mg (11.4%), Vitamin B3: 2.02mg (10.09%), Zinc: 1.28mg (8.55%), Selenium: 5.92µg (8.46%), Vitamin B5: 0.78mg (7.85%), Vitamin B1: 0.12mg (7.78%), Iron: 1.35mg (7.49%), Vitamin A: 324.73IU (6.49%), Vitamin B6: 0.13mg (6.34%), Fiber: 1.36g (5.44%), Vitamin K: 1.92µg (1.83%), Vitamin E: 0.2mg (1.32%)