

# **Spooky Brownies**

airy Free







DESSERT

## Ingredients

16 02 brownie mix
1 serving vegetable oil for on brownie mix box
16 oz fluffy frosting white
1 serving purple gel food coloring green
16 large marshmallows
1 serving m&m candies
0.7 oz decorating gel black
1 snack peppers red (any variety)

	1 serving pumpkin candies and gummy worms		
Eq	uipment		
	bowl		
	frying pan		
	oven		
	wire rack		
	aluminum foil		
	microwave		
Directions			
	Heat oven to 350°F (325°F for dark or nonstick pan). Line 9-inch square pan with foil, allowing some to hang over edges of pan. Grease bottom and sides of foil with shortening or cooking spray. Make and bake brownies as directed on box. Cool completely on cooling rack, about 1 1/2 hours. Freeze in pan 15 minutes. Using foil to lift, remove brownies from pan, and peel away foil.		
	Cut into 4 rows by 4 rows.		
	Divide frosting among 3 small microwavable bowls.		
	Heat frosting as needed: microwave 1 bowl uncovered on High about 10 seconds until frosting can be stirred smooth. If frosting becomes too firm while decorating, microwave on High an additional 5 seconds; stir.		
	Decorate as directed below, using 5 or 6 brownies for each bowl of frosting.		
	Franken-Brownies		
	Add desired amount of green food color to frosting in 1 bowl; mix well. Top each of 6 brownies with 1 large marshmallow. Spoon 1 tablespoon green frosting over each marshmallow to coat. Decorate with green M&M's™ minis chocolate candies for eyes and ears. Use black gel for mouths and centers of eyes.		
	Cut fruit snack to use for hair.		
	Boo-Brownies		
	Top each of 5 brownies with 1 large marshmallow. Spoon 1 tablespoon white frosting over each marshmallow to coat. Use black gel for eyes and mouths.		

L	Spider Brownies
	Add desired amount of purple food color to frosting in 1 bowl; mix well. Top each of 5
	brownies with 1 large marshmallow. Tuck gummy worms candies under each marshmallow for
	legs. Spoon 1 tablespoon purple frosting over each marshmallow to coat. Use orange M&M's™
	minis chocolate candies for eyes. Use black gel for mouths, centers of eyes and eyebrows.

### **Nutrition Facts**



#### **Properties**

Glycemic Index:8.47, Glycemic Load:11.74, Inflammation Score:-1, Nutrition Score:1.1747826020355%

#### **Flavonoids**

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

#### **Nutrients** (% of daily need)

Calories: 278.88kcal (13.94%), Fat: 9.14g (14.06%), Saturated Fat: 1.86g (11.6%), Carbohydrates: 47.93g (15.98%), Net Carbohydrates: 47.86g (17.4%), Sugar: 36.67g (40.74%), Cholesterol: 0.14mg (0.05%), Sodium: 141.28mg (6.14%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.55g (3.11%), Vitamin B2: 0.09mg (5.13%), Vitamin K: 5.38µg (5.12%), Iron: 0.88mg (4.87%), Vitamin E: 0.53mg (3.55%), Vitamin C: 2.25mg (2.72%), Vitamin A: 56.89IU (1.14%)