

# **Spooky Kooky Cupcakes**

airy Free







DESSERT

# **Ingredients**

	1 box duncan hir	nes devil's food cake
П	I DOM GGITTIII	ioo aovii o rooa oak

- 16 oz fluffy frosting white
- 0.7 oz decorating gel black
- 1 cup gourmet jelly beans assorted (tiny jelly beans, candy corn, etc.)

# **Equipment**

oven

# Directions Heat oven to 350°F (325°F for dark or nonstick pans). Make, bake and cool cake as directed on box for 24 cupcakes. To decorate each cupcake, spoon about 1 tablespoonful frosting on top of each. With back of spoon, spread frosting into shape of light bulb to look like skeleton head. While frosting is still wet, decorate with gel and candies to make skeleton face. Store loosely covered.

# **Nutrition Facts**



## **Properties**

Glycemic Index:1.79, Glycemic Load:5.52, Inflammation Score:-1, Nutrition Score:2.0956521660251%

### Nutrients (% of daily need)

Calories: 191.35kcal (9.57%), Fat: 5.87g (9.04%), Saturated Fat: 1.15g (7.18%), Carbohydrates: 34.79g (11.6%), Net Carbohydrates: 34.34g (12.49%), Sugar: 25.41g (28.23%), Cholesterol: Omg (0%), Sodium: 187.98mg (8.17%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.06g (2.12%), Phosphorus: 52.38mg (5.24%), Vitamin B2: 0.09mg (5.11%), Iron: 0.85mg (4.74%), Copper: 0.07mg (3.73%), Selenium: 2.35µg (3.36%), Vitamin E: 0.49mg (3.26%), Folate: 12.67µg (3.17%), Vitamin K: 3.14µg (2.99%), Calcium: 27.85mg (2.78%), Magnesium: 8.84mg (2.21%), Vitamin B1: 0.03mg (2.19%), Manganese: 0.04mg (2.17%), Potassium: 69.31mg (1.98%), Fiber: 0.45g (1.8%), Vitamin B3: 0.33mg (1.65%), Zinc: 0.16mg (1.08%)