

Spring Celebration Brownies







DESSERT

Ingredients

$\overline{}$	1 serving vegetable oil for on brownie mix box
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	1.5 cups marshmallows miniature

0.5 cup m&m candies

16 oz brownie mix

2 tablespoons milk chocolate chips

Equipment

bowl

frying pan

	oven	
	wire rack	
	ziploc bags	
	microwave	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pan). Grease bottom of 8-inch square pan with shortening or cooking spray. Make and bake brownies as directed on box.	
	Sprinkle with marshmallows; bake about 5 minutes longer or until marshmallows are puffed and light golden brown.	
	Sprinkle with candies. Cool completely on cooling rack, about 11/2 hours.	
	In small microwavable bowl, microwave chocolate chips uncovered on High 30 to 45 seconds stirring half way through, until chips can be stirred smooth. Spoon into resealable foodstorage plastic bag; partially seal bag.	
	Cut small tip from corner of bag; drizzle over top. Refrigerate about 15 minutes or until chocolate is set.	
	Cut into 4 rows by 4 rows.	
	Nutrition Facts	
	PROTEIN 3.68% FAT 30.01% CARBS 66.31%	
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Properties

Glycemic Index:3.78, Glycemic Load:2.3, Inflammation Score:1, Nutrition Score:0.41434781666359%

Nutrients (% of daily need)

Calories: 189.67kcal (9.48%), Fat: 6.37g (9.8%), Saturated Fat: 2.15g (13.44%), Carbohydrates: 31.66g (10.55%), Net Carbohydrates: 31.48g (11.45%), Sugar: 21.9g (24.33%), Cholesterol: 0.98mg (0.32%), Sodium: 90.95mg (3.95%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.76g (3.51%), Iron: 0.89mg (4.93%), Vitamin K: 1.61µg (1.53%)