

Spring Celebration Brownies

READY IN

145 min.

SERVINGS

24

CALORIES

©
291 kcal

DESSERT

Ingredients

1 box brownie mix (1 lb 6.25 oz)

1 cup m&m candies

3 cups marshmallows miniature

0.3 cup milk chocolate chips

O.3 teaspoon shortening

24 servings vegetable oil for on brownie mix box

Equipment

bowl

	frying pan
	oven
	knife
	microwave
Di	rections
	Heat oven to 350F. Grease bottom only of 13x9-inch pan with shortening or cooking spray. Make brownies as directed on box for 13x9-inch pan.
	Bake 25 minutes.
	Sprinkle with marshmallows; bake about 5 minutes longer or until marshmallows are puffed and golden.
	Sprinkle with candies.
	In small microwavable bowl, microwave chocolate chips and shortening uncovered on High 15 seconds; stir.
	Drizzle over brownies. Cool completely, about 1 hour. For easier cutting, use plastic knife dipped into hot water. For brownies, cut into 6 rows by 4 rows.
	Nutrition Facts
	PROTEIN 2.1% FAT 58.69% CARBS 39.21%
	PROTEIN 2.1% FAT 58.69% CARBS 39.21%

Properties

Glycemic Index:2.52, Glycemic Load:3.07, Inflammation Score:0, Nutrition Score:1.7213043154258%

Nutrients (% of daily need)

Calories: 290.68kcal (14.53%), Fat: 19.2g (29.53%), Saturated Fat: 4.29g (26.84%), Carbohydrates: 28.85g (9.62%), Net Carbohydrates: 28.61g (10.4%), Sugar: 20.63g (22.92%), Cholesterol: 1.3mg (0.43%), Sodium: 72.95mg (3.17%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.55g (3.09%), Vitamin K: 25.77µg (24.55%), Vitamin E: 1.15mg (7.66%), Iron: 0.72mg (4.01%), Calcium: 11.58mg (1.16%)