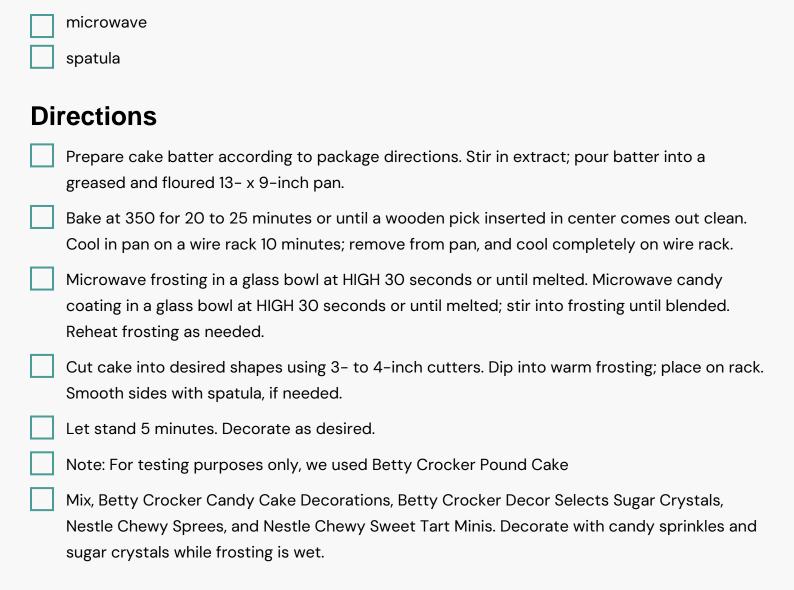


Ingredients

- 0.5 teaspoon almond extract
 - 4 ounce vanilla candy coating
 - 16 ounce pound cake mix
 - 16 ounce ready-to-spread vanilla frosting

Equipment

- bowl
- frying pan
- oven
 - wire rack



Nutrition Facts

PROTEIN 2.56% 🚺 FAT 27.8% 🖊 CARBS 69.64%

Properties

Glycemic Index:7.17, Glycemic Load:22.07, Inflammation Score:-1, Nutrition Score:6.3778261205424%

Nutrients (% of daily need)

Calories: 644.12kcal (32.21%), Fat: 19.69g (30.29%), Saturated Fat: 8.25g (51.57%), Carbohydrates: 110.99g (37%), Net Carbohydrates: 110.61g (40.22%), Sugar: 88.99g (98.88%), Cholesterol: 77.11mg (25.7%), Sodium: 615.59mg (26.76%), Alcohol: 0.11g (100%), Alcohol %: 0.09% (100%), Protein: 4.08g (8.17%), Vitamin B2: 0.43mg (25.41%), Vitamin B1: 0.19mg (12.75%), Iron: 2.18mg (12.1%), Phosphorus: 117.2mg (11.72%), Folate: 41.58µg (10.39%), Selenium: 6.96µg (9.94%), Vitamin K: 9.98µg (9.5%), Vitamin E: 1.34mg (8.92%), Vitamin B3: 1.63mg (8.13%), Manganese: 0.16mg (7.98%), Calcium: 55.22mg (5.52%), Vitamin B5: 0.4mg (4.03%), Vitamin B12: 0.18µg (3.02%), Zinc: 0.44mg (2.93%), Potassium: 101.04mg (2.89%), Copper: 0.05mg (2.36%), Vitamin A: 116.42IU (2.33%), Magnesium: 9.11mg (2.28%), Vitamin B6: 0.04mg (1.97%), Fiber: 0.38g (1.51%), Vitamin D: 0.15µg (1.01%)