



Springtime Sprinkles Cake

 Dairy Free

READY IN



80 min.

SERVINGS



16

CALORIES



241 kcal

DESSERT

Ingredients

- ☐ 1 box cake mix white
- ☐ 16 oz vanilla frosting
- ☐ 1 serving cranberry-orange relish blue

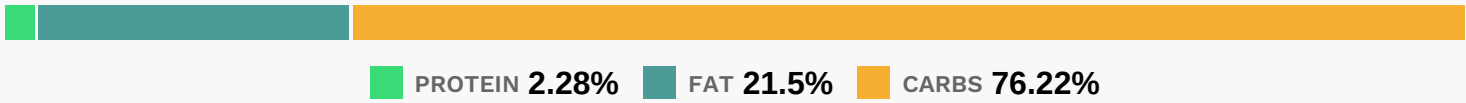
Equipment

- ☐ frying pan
- ☐ oven
- ☐ cookie cutter

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pan). Make, bake and cool cake as directed on box for 13x9-inch pan.
- ☐ Frost with frosting.
- ☐ To decorate: Gently press cookie cutter into frosting on cake where you want sugar design; remove cutter and dip bottom edge into one of the sugars, then gently press cutter back into same stamped image on cake; remove. Continue with other remaining sugars and different sizes of cookie cutters as desired. Store loosely covered.

Nutrition Facts



Properties

Glycemic Index:5.34, Glycemic Load:8.5, Inflammation Score:-1, Nutrition Score:3.3547826020614%

Flavonoids

Hesperetin: 1.53mg, Hesperetin: 1.53mg, Hesperetin: 1.53mg, Hesperetin: 1.53mg Naringenin: 0.86mg, Naringenin: 0.86mg, Naringenin: 0.86mg, Naringenin: 0.86mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 241.35kcal (12.07%), Fat: 5.79g (8.91%), Saturated Fat: 1.47g (9.21%), Carbohydrates: 46.2g (15.4%), Net Carbohydrates: 45.71g (16.62%), Sugar: 32.01g (35.57%), Cholesterol: 0mg (0%), Sodium: 276.09mg (12%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.38g (2.77%), Phosphorus: 114.78mg (11.48%), Vitamin B2: 0.16mg (9.29%), Calcium: 73.86mg (7.39%), Folate: 26.57µg (6.64%), Vitamin B1: 0.08mg (5.19%), Vitamin E: 0.73mg (4.83%), Vitamin K: 4.56µg (4.34%), Vitamin B3: 0.85mg (4.25%), Selenium: 2.84µg (4.05%), Iron: 0.68mg (3.78%), Vitamin C: 2.99mg (3.63%), Manganese: 0.07mg (3.38%), Fiber: 0.49g (1.96%), Copper: 0.03mg (1.44%), Vitamin B5: 0.12mg (1.25%), Zinc: 0.17mg (1.15%), Potassium: 39.85mg (1.14%), Magnesium: 4.4mg (1.1%)