

## Stacey's Fabulous Purple Potato Gratin

READY IN



75 min.

SERVINGS



4

CALORIES



365 kcal

SIDE DISH

### Ingredients

- 4 slices bacon chopped
- 3 tablespoons flour all-purpose
- 6 ounces goat cheese crumbled
- 1 leek sliced
- 0.5 cup milk
- 0.8 cup parmesan cheese grated
- 8 purple potatoes thinly sliced

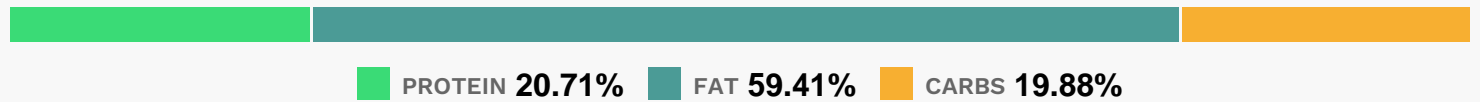
### Equipment

- frying pan
- oven
- baking pan

## Directions

- Preheat oven to 400 degrees F (200 degrees C).
- Place bacon in a large, deep skillet. Cook over medium high heat until it starts to brown. Stir in leeks and cook until just tender.
- Toss potatoes with flour and stir into leek mixture, coating thoroughly.
- Pour in milk and stir in goat cheese. Cook until cheese is melted and mixture is bubbly.
- Pour into a 7x11 inch baking dish and sprinkle with Parmesan cheese.
- Bake in preheated oven for 45 minutes, or until top is golden brown and potatoes are tender.

## Nutrition Facts



## Properties

Glycemic Index:57.19, Glycemic Load:9.39, Inflammation Score:-7, Nutrition Score:13.184347816136%

## Flavonoids

Kaempferol: 0.9mg, Kaempferol: 0.9mg, Kaempferol: 0.9mg, Kaempferol: 0.9mg Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg

## Nutrients (% of daily need)

Calories: 364.55kcal (18.23%), Fat: 24.08g (37.04%), Saturated Fat: 12.62g (78.9%), Carbohydrates: 18.12g (6.04%), Net Carbohydrates: 16.73g (6.08%), Sugar: 3.04g (3.38%), Cholesterol: 54.05mg (18.02%), Sodium: 648.69mg (28.2%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 18.88g (37.77%), Phosphorus: 325.74mg (32.57%), Calcium: 282.43mg (28.24%), Selenium: 15µg (21.43%), Vitamin A: 1030.68IU (20.61%), Copper: 0.4mg (20.21%), Vitamin B2: 0.33mg (19.58%), Vitamin B6: 0.37mg (18.25%), Vitamin B1: 0.2mg (13.37%), Manganese: 0.27mg (13.28%), Vitamin C: 10.16mg (12.31%), Vitamin K: 12.37µg (11.78%), Zinc: 1.76mg (11.76%), Iron: 2.01mg (11.15%), Vitamin B12: 0.61µg (10.14%), Potassium: 340.92mg (9.74%), Vitamin B3: 1.94mg (9.68%), Folate: 36.84µg (9.21%), Magnesium: 35.87mg (8.97%), Vitamin B5: 0.75mg (7.54%), Fiber: 1.39g (5.55%), Vitamin D: 0.69µg (4.58%), Vitamin E: 0.49mg (3.29%)