



Stained Glass Christmas Cookies

 Dairy Free

READY IN



90 min.

SERVINGS



24

CALORIES



109 kcal

DESSERT

Ingredients

- ☐ 0.3 cup butter melted
- ☐ 1 eggs
- ☐ 2 tablespoons flour all-purpose
- ☐ 1 pouch sugar cookie mix (1 lb 1.5 oz)
- ☐ 24 servings frangelico green red
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Equipment

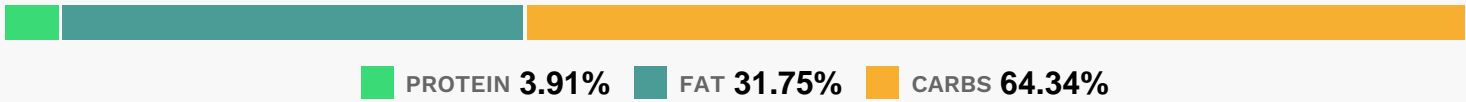
- ☐ bowl

- ☐ baking sheet
- ☐ oven
- ☐ cookie cutter

Directions

- ☐ Heat oven to 375F. In medium bowl, stir cookie mix, butter, egg and flour until dough forms.
- ☐ Roll dough on floured surface to about 1/4 inch thick.
- ☐ Cut with cookie cutters.
- ☐ Place 1 inch apart on ungreased cookie sheet. Decorate unbaked cookies using gels.
- ☐ Bake 7 to 9 minutes or until light golden brown around edges. Cool 1 minute before removing from cookie sheet; cool completely, about 20 minutes.

Nutrition Facts



Properties

Glycemic Index:3.13, Glycemic Load:0.34, Inflammation Score:-1, Nutrition Score:0.52478261146209%

Nutrients (% of daily need)

Calories: 108.76kcal (5.44%), Fat: 3.83g (5.9%), Saturated Fat: 0.58g (3.66%), Carbohydrates: 17.49g (5.83%), Net Carbohydrates: 17.47g (6.35%), Sugar: 9.6g (10.66%), Cholesterol: 6.82mg (2.27%), Sodium: 91.39mg (3.97%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.06g (2.12%), Vitamin A: 122.67IU (2.45%), Folate: 5.34µg (1.34%), Vitamin B1: 0.02mg (1.22%), Vitamin B2: 0.02mg (1.16%), Selenium: 0.77µg (1.11%)