



Star Brownies

 Dairy Free

READY IN



150 min.

SERVINGS



10

CALORIES



396 kcal

DESSERT

Ingredients

- ☐ 1 box brownie mix (1 lb 2.4 oz)
- ☐ 0.5 cup fluffy frosting white (from 12-oz container)
- ☐ 10 servings vegetable oil for on brownie mix box
- ☐ 10 servings frangelico
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Equipment

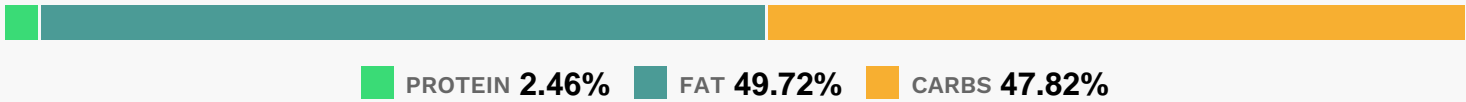
- ☐ frying pan
- ☐ oven

- ☐ aluminum foil
- ☐ cookie cutter

Directions

- ☐ Heat oven to 350F. Line 9-inch square pan with foil so foil extends about 2 inches over sides of pan. Spray foil with cooking spray. Make and bake brownies as directed on box. Cool completely, about 1 1/2 hours.
- ☐ Remove brownies from pan by lifting foil; peel foil from sides of brownies. Using 2 1/2-inch star-shaped cookie cutter, cut brownies. Squeeze frosting on star-shaped brownies.
- ☐ Sprinkle with decors.

Nutrition Facts



Properties

Glycemic Index:4.3, Glycemic Load:3.3, Inflammation Score:1, Nutrition Score:1.9882608674791%

Nutrients (% of daily need)

Calories: 395.9kcal (19.8%), Fat: 22g (33.85%), Saturated Fat: 3.8g (23.76%), Carbohydrates: 47.61g (15.87%), Net Carbohydrates: 47.61g (17.31%), Sugar: 32.43g (36.03%), Cholesterol: 0mg (0%), Sodium: 169.71mg (7.38%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.45g (4.9%), Vitamin K: 27.22µg (25.92%), Vitamin E: 1.32mg (8.79%), Iron: 1.45mg (8.08%), Vitamin B2: 0.03mg (2.01%)