



Star-Spangled Brownies

 Dairy Free

READY IN



120 min.

SERVINGS



16

CALORIES



287 kcal

DESSERT

Ingredients

- ☐ 1 box brownie mix (1 lb 6.25 oz)
- ☐ 1 tablespoons star anise
- ☐ 0.3 cup vanilla frosting white (from 16 oz container)
- ☐ 16 servings vegetable oil for on brownie mix box

Equipment

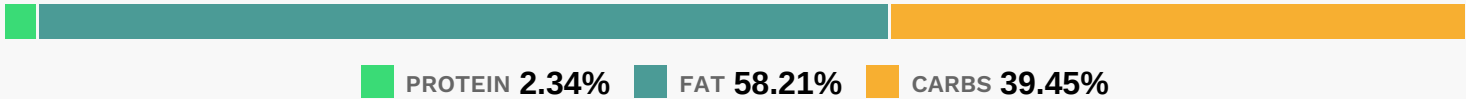
- ☐ bowl
- ☐ frying pan
- ☐ oven

- ☐ knife
- ☐ aluminum foil
- ☐ microwave

Directions

- ☐ Heat oven to 350F (325F for dark or nonstick pan). Grease bottom only of 9-inch square pan with shortening or cooking spray. (For easier cutting, line pan with foil, then grease foil on bottom only of pan.) Make brownies as directed on box. Cool completely, about 1 hour.
- ☐ In small microwavable bowl, microwave frosting uncovered on High about 10 to 15 seconds or until drizzling consistency.
- ☐ Drizzle frosting over brownies; sprinkle with star decors. For brownies, cut with plastic knife into 4 rows by 4 rows. Store covered at room temperature.

Nutrition Facts



Properties

Glycemic Index:3, Glycemic Load:1.39, Inflammation Score:-1, Nutrition Score:2.0378260931567%

Nutrients (% of daily need)

Calories: 287.17kcal (14.36%), Fat: 18.77g (28.87%), Saturated Fat: 3.11g (19.45%), Carbohydrates: 28.62g (9.54%), Net Carbohydrates: 28.49g (10.36%), Sugar: 18.78g (20.87%), Cholesterol: 0mg (0%), Sodium: 101.89mg (4.43%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.7g (3.39%), Vitamin K: 26.36µg (25.1%), Vitamin E: 1.22mg (8.11%), Iron: 1.25mg (6.96%), Manganese: 0.02mg (1.08%)