



## Star-Spangled STACKERMALLOW Treats

 Gluten Free  Dairy Free

READY IN



20 min.

SERVINGS



24

CALORIES



327 kcal

DESSERT

### Ingredients

- 2 doz. cupcakes white cooled
- 24 servings decorating icings blue red
- 24 stackermallows marshmallows jet-puffed
- 24 servings sprinkles white star-shaped
- 24 servings colored sugar blue red
- 16 oz ready-to-spread vanilla frosting
- 1 cup cool whip whipped topping thawed

### Equipment

bowl

whisk

## Directions

Decorate marshmallows with icings and white sprinkles to resemble American flags.

Spoon frosting into medium bowl.

Add COOL WHIP; whisk until blended.

Spread COOL WHIP mixture onto cupcakes; top with colored sugar and marshmallows.

## Nutrition Facts



**PROTEIN 0.5%** **FAT 24.64%** **CARBS 74.86%**

## Properties

Glycemic Index:9.02, Glycemic Load:25.51, Inflammation Score:1, Nutrition Score:1.3213043391867%

## Nutrients (% of daily need)

Calories: 326.59kcal (16.33%), Fat: 9.02g (13.88%), Saturated Fat: 2.35g (14.67%), Carbohydrates: 61.68g (20.56%), Net Carbohydrates: 61.64g (22.41%), Sugar: 56.71g (63.01%), Cholesterol: 0.13mg (0.04%), Sodium: 105.98mg (4.61%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.41g (0.83%), Vitamin B2: 0.16mg (9.15%), Vitamin K: 6.38µg (6.08%), Vitamin E: 0.74mg (4.92%), Phosphorus: 14.65mg (1.46%), Folate: 5.28µg (1.32%), Selenium: 0.78µg (1.11%)