



Starbuck's VIA Double Chocolate Cookies

READY IN



22 min.

SERVINGS



36

CALORIES



118 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 0.8 cup bittersweet chocolate chopped
- ☐ 0.3 cup brown sugar packed
- ☐ 1.5 cups extra chocolate chips dark
- ☐ 0.5 cup cocoa
- ☐ 1 eggs
- ☐ 1.3 cups flour
- ☐ 0.5 teaspoon salt
- ☐ 0.3 cup sugar

- ☐ 0.5 cup butter unsalted softened (I used)
- ☐ 1 teaspoon vanilla extract

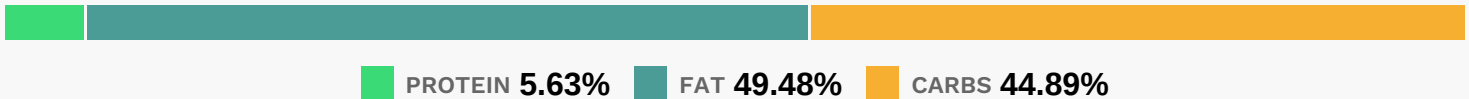
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ Melt chocolate in a double-boiler over barely simmering water. Stir in the coffee.
- ☐ Combine flour, cocoa, baking soda and salt in a bowl. In a separate bowl, cream butter and sugar together until light and fluffy.
- ☐ Add the melted chocolate to the butter mixture and stir well.
- ☐ Add vanilla and egg to the chocolate mixture. Stir in the dry ingredients. Fold in chocolate chips. Divide dough into 36 balls and place on a cookie sheet, but don't flatten.
- ☐ Bake at 325 F for about eight minutes.
- ☐ Let cookies cool on the baking sheet for five minutes.
- ☐ Transfer to a cooling rack. Makes 36 Cookies

Nutrition Facts



Properties

Glycemic Index:4.03, Glycemic Load:3.37, Inflammation Score:-1, Nutrition Score:2.5965217515502%

Flavonoids

Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg Epicatechin: 2.35mg, Epicatechin: 2.35mg, Epicatechin: 2.35mg, Epicatechin: 2.35mg Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg

Nutrients (% of daily need)

Calories: 117.89kcal (5.89%), Fat: 6.64g (10.21%), Saturated Fat: 4.74g (29.62%), Carbohydrates: 13.54g (4.51%), Net Carbohydrates: 12.41g (4.51%), Sugar: 7.31g (8.12%), Cholesterol: 11.62mg (3.87%), Sodium: 74.1mg (3.22%), Alcohol:

0.04g (100%), Alcohol %: 0.2% (100%), Caffeine: 5.88mg (1.96%), Protein: 1.7g (3.4%), Manganese: 0.14mg (6.82%), Copper: 0.11mg (5.66%), Fiber: 1.14g (4.54%), Magnesium: 16.44mg (4.11%), Iron: 0.73mg (4.07%), Selenium: 2.78µg (3.97%), Phosphorus: 35.65mg (3.56%), Zinc: 0.49mg (3.28%), Calcium: 30.34mg (3.03%), Vitamin B1: 0.04mg (2.96%), Potassium: 96.3mg (2.75%), Vitamin B2: 0.05mg (2.73%), Folate: 10.59µg (2.65%), Vitamin B3: 0.4mg (1.98%), Vitamin A: 87.96IU (1.76%), Vitamin E: 0.23mg (1.53%), Vitamin B5: 0.11mg (1.14%), Vitamin K: 1.11µg (1.05%)