

Stars and Stripes Brownies

airy Free







DESSERT

Ingredients

1 box brownie mix
O.7 oz decorating gel blue
O.7 oz decorating gel red
1 container fluffy frosting white
0.7 oz chocolate icing white
24 servings vegetable oil for on brownie mix box
24 servings frangelico

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Eq	uipment
	frying pan
	oven
	aluminum foil
	cookie cutter
Di	rections
	Heat oven to 350F. Line 13x9-inch pan with foil so foil extends about 2 inches over sides of pan. Spray foil with cooking spray. Make and bake brownies as directed on box. Cool completely, about 1 hour.
	Remove brownies from pan by lifting foil; peel foil from sides of brownies. Continue as desired with options below. Flag Brownies: Frost brownies. Using red decorating gel, pipe stripes onto frosted brownie.
	Add decors in upper left corner of brownie. 24 brownies Firecracker Brownies: Using 1-inch round cookie cutter, cut out brownie rounds. Stack 2 brownie rounds together, spreading frosting between rounds and on top.
	Garnish with decors. 48 brownies
	Star Brownies: Using 2 1/2-inch star-shaped cookie cutter, cut brownies.
	Place frosting in resealable food-storage bag; cut off one bottom corner of bag. Pipe frosting on star-shaped brownies.
	Sprinkle with decors. 13 brownies
Nutrition Facts	
	PROTEIN 1.34% FAT 58.78% CARBS 39.88%

Properties

Glycemic Index:3.58, Glycemic Load:5.85, Inflammation Score:0, Nutrition Score:1.9734782718284%

Nutrients (% of daily need)

Calories: 301.3kcal (15.06%), Fat: 19.82g (30.49%), Saturated Fat: 3.28g (20.53%), Carbohydrates: 30.25g (10.08%), Net Carbohydrates: 30.25g (11%), Sugar: 23.19g (25.77%), Cholesterol: Omg (0%), Sodium: 98.95mg (4.3%), Alcohol:

Og (100%), Alcohol %: 0% (100%), Protein: 1.02g (2.04%), Vitamin K: 28.35µg (27%), Vitamin E: 1.45mg (9.68%), Vitamin B2: 0.06mg (3.56%), Iron: 0.63mg (3.51%)