



Steak House Bloody Mary

 Gluten Free  Dairy Free

READY IN



10 min.

SERVINGS



1

CALORIES



142 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 stalk celery
- ☐ 1 Dash celery salt
- ☐ 1 Dash ground pepper red (cayenne)
- ☐ 1 teaspoon horseradish (not the creamy kind)
- ☐ 1 juice of lime
- ☐ 2 drop hot sauce red
- ☐ 1 serving lawry's seasoned salt for the rim of the glass
- ☐ 1 teaspoon steak sauce

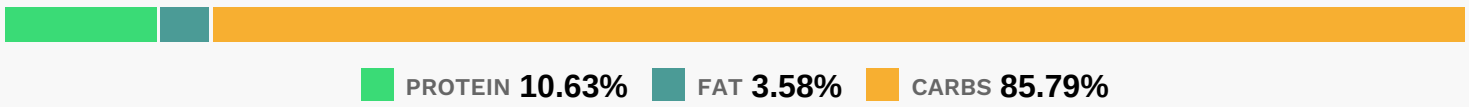
- ☐ 4 oz sacramento tomato juice
- ☐ 1.5 oz vodka (1 tablespoon plus 2 teaspoons)
- ☐ 1 teaspoon worcestershire sauce

Equipment

Directions

- ☐ Fill a shaker with some ice.
- ☐ Add all the ingredients and give it a good shake.
- ☐ Pour vodka mixture into seasoned salt-rimmed glass; garnish with celery stalk and your favorite pickled vegetables.

Nutrition Facts



Properties

Glycemic Index:145.33, Glycemic Load:1.69, Inflammation Score:-7, Nutrition Score:7.3204347258029%

Flavonoids

Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg Hesperetin: 2.69mg, Hesperetin: 2.69mg, Hesperetin: 2.69mg, Hesperetin: 2.69mg Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg Apigenin: 1.14mg, Apigenin: 1.14mg, Apigenin: 1.14mg, Apigenin: 1.14mg Luteolin: 0.42mg, Luteolin: 0.42mg, Luteolin: 0.42mg, Luteolin: 0.42mg Kaempferol: 0.16mg, Kaempferol: 0.16mg, Kaempferol: 0.16mg, Kaempferol: 0.16mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 1.66mg, Quercetin: 1.66mg, Quercetin: 1.66mg, Quercetin: 1.66mg

Nutrients (% of daily need)

Calories: 141.77kcal (7.09%), Fat: 0.21g (0.32%), Saturated Fat: 0.04g (0.23%), Carbohydrates: 11.18g (3.73%), Net Carbohydrates: 9.71g (3.53%), Sugar: 6.49g (7.21%), Cholesterol: 0mg (0%), Sodium: 447.23mg (19.44%), Alcohol: 14.2g (100%), Alcohol %: 7.44% (100%), Protein: 1.39g (2.77%), Vitamin C: 33.51mg (40.62%), Vitamin A: 763.47IU (15.27%), Vitamin K: 14.81µg (14.1%), Potassium: 474.34mg (13.55%), Folate: 43.85µg (10.96%), Vitamin B6: 0.18mg (8.87%), Manganese: 0.14mg (7.1%), Copper: 0.12mg (5.93%), Fiber: 1.47g (5.87%), Iron: 1mg (5.57%), Magnesium: 22.25mg (5.56%), Vitamin B3: 1.04mg (5.2%), Vitamin B1: 0.08mg (5.18%), Vitamin B2: 0.08mg (4.57%), Phosphorus: 43.12mg (4.31%), Vitamin B5: 0.42mg (4.24%), Calcium: 41.83mg (4.18%), Vitamin E: 0.62mg (4.12%), Zinc: 0.32mg (2.11%), Selenium: 0.74µg (1.06%)