



Steakhouse Potato Salad

 Gluten Free

READY IN



90 min.

SERVINGS



30

CALORIES



78 kcal

SIDE DISH

Ingredients

- 6 slices oscar mayer bacon crumbled cooked
- 4 green onions thinly sliced
- 0.5 cup miracle whip dressing
- 0.3 cup classic ranch dressing kraft
- 3 lb potatoes red cut into 1-inch chunks (12)
- 1 cup cheddar cheese shredded kraft
- 0.5 cup water

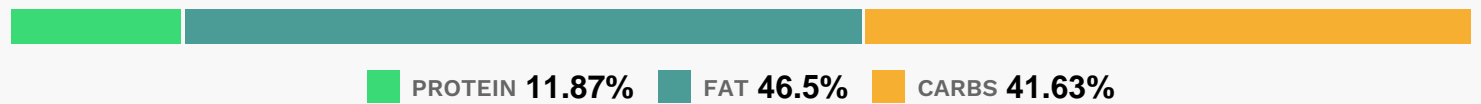
Equipment

- bowl
- microwave

Directions

- Place potatoes in 2-qt. microwaveable dish.
- Add water; cover with lid. Microwave on HIGH 12 to 15 min. or just until potatoes are tender; drain.
- Place in large bowl.
- Refrigerate 1 hour or until completely cooled.
- Mix dressings until blended.
- Add to potatoes along with remaining ingredients; mix lightly.

Nutrition Facts



Properties

Glycemic Index:1.97, Glycemic Load:0.05, Inflammation Score:-1, Nutrition Score:3.0430434877458%

Flavonoids

Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.47mg, Quercetin: 0.47mg, Quercetin: 0.47mg, Quercetin: 0.47mg

Nutrients (% of daily need)

Calories: 78.15kcal (3.91%), Fat: 4.1g (6.31%), Saturated Fat: 1.49g (9.31%), Carbohydrates: 8.25g (2.75%), Net Carbohydrates: 7.36g (2.68%), Sugar: 1.17g (1.3%), Cholesterol: 7.57mg (2.52%), Sodium: 113.89mg (4.95%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.35g (4.71%), Vitamin K: 7.4µg (7.05%), Potassium: 225.78mg (6.45%), Phosphorus: 55.78mg (5.58%), Vitamin C: 4.2mg (5.09%), Vitamin B6: 0.09mg (4.65%), Fiber: 0.89g (3.57%), Vitamin B3: 0.71mg (3.55%), Manganese: 0.07mg (3.41%), Vitamin B1: 0.05mg (3.41%), Calcium: 33.47mg (3.35%), Copper: 0.07mg (3.31%), Selenium: 2.26µg (3.22%), Magnesium: 11.98mg (3%), Folate: 10.06µg (2.51%), Zinc: 0.35mg (2.33%), Vitamin B2: 0.04mg (2.19%), Iron: 0.39mg (2.17%), Vitamin B5: 0.18mg (1.84%), Vitamin A: 62.19IU (1.24%), Vitamin B12: 0.07µg (1.09%)