



Sticks and Stones Candy Bark

READY IN



80 min.

SERVINGS



36

CALORIES



218 kcal

DESSERT

Ingredients

- ☐ 11 ounce nestle® toll house® butterscotch morsels divided flavored
- ☐ 0.5 cup creamy peanut butter
- ☐ 2 cups roasted peanuts dry
- ☐ 2 cups pretzel sticks thin
- ☐ 1.5 cups nestle® toll house® semi-sweet chocolate morsels
- ☐ 10 ounce nestle® toll house® semi-sweet chocolate-covered raisins

Equipment

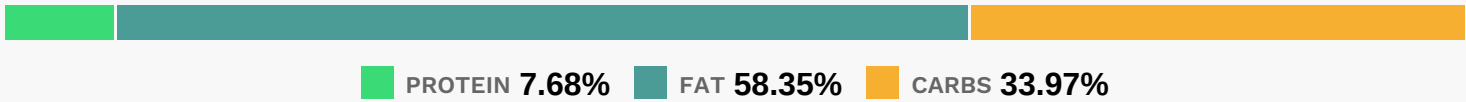
- ☐ bowl

- ☐ baking pan
- ☐ ziploc bags
- ☐ microwave
- ☐ glass baking pan

Directions

- ☐ BUTTER a 9x13 inch glass baking dish.
- ☐ MICROWAVE 1 1/3 cups butterscotch morsels, semi-sweet morsels and peanut butter in large, microwave-safe bowl on HIGH (100 percent) power for 1 minute; stir. Microwave at additional 10- to 20-second intervals, stirring until smooth.
- ☐ ADD pretzels, peanuts and chocolate covered raisins; stir well to coat.
- ☐ Spread into prepared baking dish.
- ☐ PLACE remaining butterscotch morsels in small, heavy-duty plastic bag. Microwave on MEDIUM-HIGH (70 percent) power for 30 seconds; knead bag to mix. Microwave at additional 10- to 20-second intervals, kneading until smooth.
- ☐ Cut tiny corner from bag; squeeze to drizzle over candy.
- ☐ REFRIGERATE for 1 hour or until firm. Break into bite-size pieces.

Nutrition Facts



Properties

Glycemic Index:4.36, Glycemic Load:5.56, Inflammation Score:-2, Nutrition Score:5.2869565279587%

Nutrients (% of daily need)

Calories: 217.97kcal (10.9%), Fat: 14.47g (22.26%), Saturated Fat: 6.49g (40.58%), Carbohydrates: 18.95g (6.32%), Net Carbohydrates: 16.74g (6.09%), Sugar: 12.31g (13.68%), Cholesterol: 0.92mg (0.31%), Sodium: 97.36mg (4.23%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 13.22mg (4.41%), Protein: 4.28g (8.56%), Manganese: 0.46mg (22.95%), Copper: 0.25mg (12.39%), Magnesium: 49.28mg (12.32%), Vitamin B3: 1.97mg (9.87%), Phosphorus: 89.04mg (8.9%), Fiber: 2.21g (8.83%), Iron: 1.31mg (7.3%), Vitamin E: 0.9mg (6.01%), Zinc: 0.77mg (5.14%), Potassium: 172.7mg (4.93%), Folate: 16.88µg (4.22%), Selenium: 2.46µg (3.52%), Vitamin B6: 0.06mg (3.18%), Vitamin B2: 0.05mg (2.8%), Vitamin B1: 0.04mg (2.47%), Vitamin B5: 0.22mg (2.24%), Calcium: 19.91mg (1.99%), Vitamin K: 1.77µg (1.68%)