



Stinger

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



151 kcal

BEVERAGE

DRINK

Ingredients

- 1.5 ounce brandy
- 0.5 ounce crème de cassis liqueur white

Equipment

Directions

- Stir the ingredients gently in a mixing glass filled with ice. Strain into a small stemmed glass.

Nutrition Facts

■ PROTEIN 0% ■ FAT 1.6% ■ CARBS 98.4%

Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.11173913133857%

Nutrients (% of daily need)

Calories: 150.82kcal (7.54%), Fat: 0.04g (0.07%), Saturated Fat: 0g (0.01%), Carbohydrates: 5.9g (1.97%), Net Carbohydrates: 5.9g (2.14%), Sugar: 5.9g (6.55%), Cholesterol: 0mg (0%), Sodium: 1.13mg (0.05%), Alcohol: 18.43g (100%), Alcohol %: 41.19% (100%), Protein: 0g (0%), Copper: 0.02mg (1.01%)