



## Stout Beer-Ice Cream Mini Floats

 Dairy Free

READY IN



5 min.

SERVINGS



8

CALORIES



60 kcal

DESSERT

### Ingredients

- 1 cup whipped cream
- 0.5 cup porter (from 14.9-oz can)
- 3 tablespoons chocolate syrup

### Equipment

- ice cream scoop

### Directions

- Using small ice cream scoop (about 1 tablespoon each), place 2 small scoops in each of 8shot glasses. Slowly pour about 1 tablespoon beer into each glass.
- Drizzle each with about 1 teaspoon syrup.
- Serve immediately with small spoons.

## Nutrition Facts



## Properties

Glycemic Index:7.63, Glycemic Load:2.3, Inflammation Score:-1, Nutrition Score:1.0339130376992%

## Nutrients (% of daily need)

Calories: 60.14kcal (3.01%), Fat: 1.9g (2.92%), Saturated Fat: 1.16g (7.25%), Carbohydrates: 9.18g (3.06%), Net Carbohydrates: 8.87g (3.22%), Sugar: 7.22g (8.02%), Cholesterol: 7.26mg (2.42%), Sodium: 18.6mg (0.81%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.78g (1.56%), Phosphorus: 27mg (2.7%), Vitamin B2: 0.04mg (2.55%), Calcium: 22.17mg (2.22%), Copper: 0.04mg (2.11%), Magnesium: 7.18mg (1.8%), Manganese: 0.03mg (1.5%), Potassium: 49.63mg (1.42%), Vitamin A: 69.46IU (1.39%), Fiber: 0.31g (1.24%), Zinc: 0.17mg (1.12%), Vitamin B12: 0.06µg (1.07%)