

Ingredients

- 1 box cake mix white
 - 0.5 cup powdered sugar
- 2 oz cream cheese softened
- 0.3 cup butter softened
- 0.3 cup strawberry jam
- 1 cup strawberries dried chopped
- 1 cup candy melts red melted (from 14-oz bag)
- 28 oz candy melts melted
 - 36 you will also need: parchment paper

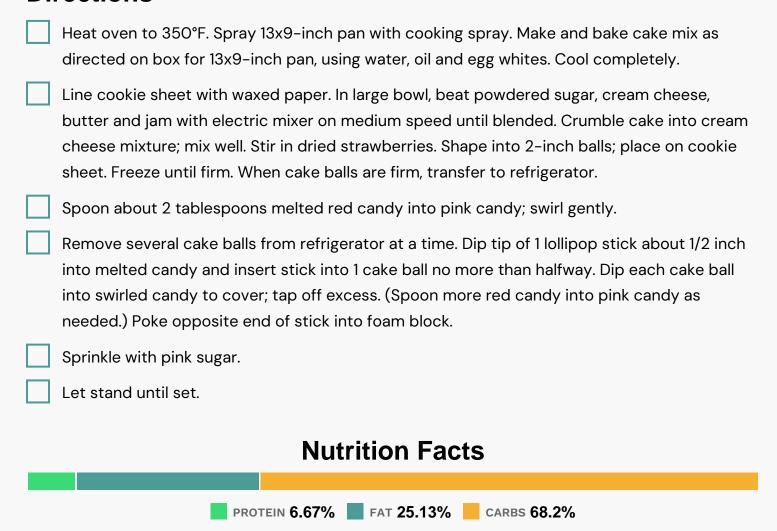
1 large weight cream cheese white

0.5 cup pink lady apples

Equipment

bowl
frying pan
baking sheet
oven
hand mixer
lollipop sticks

Directions



Properties

Glycemic Index:4.56, Glycemic Load:0.97, Inflammation Score:-1, Nutrition Score:3.8095652085284%

Flavonoids

Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epicatechin: 0.13mg, Epicatechin: 0.13mg, Epicatechin: 0.13mg, Epicatechin: 0.13mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 220.89kcal (11.04%), Fat: 6.1g (9.39%), Saturated Fat: 4.62g (28.85%), Carbohydrates: 37.26g (12.42%), Net Carbohydrates: 36.44g (13.25%), Sugar: 19.47g (21.63%), Cholesterol: 7.44mg (2.48%), Sodium: 280.91mg (12.21%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 3.65g (7.29%), Selenium: 7.11µg (10.16%), Phosphorus: 99.32mg (9.93%), Vitamin B1: 0.13mg (8.89%), Manganese: 0.15mg (7.68%), Vitamin B2: 0.13mg (7.43%), Folate: 29.09µg (7.27%), Vitamin B3: 1.39mg (6.96%), Calcium: 66.58mg (6.66%), Iron: 0.98mg (5.43%), Fiber: 0.82g (3.27%), Copper: 0.05mg (2.25%), Zinc: 0.31mg (2.04%), Magnesium: 7.12mg (1.78%), Potassium: 48.1mg (1.37%), Vitamin A: 67.47IU (1.35%), Vitamin E: 0.18mg (1.22%), Vitamin B12: 0.07µg (1.16%), Vitamin B5: 0.11mg (1.12%)