



Strawberry Fudge Truffles

READY IN



45 min.

SERVINGS



48

CALORIES



59 kcal

Ingredients

- ☐ 0.5 cup almonds toasted finely chopped
- ☐ 8 ounces cream cheese at room temperature ()
- ☐ 6 ounce semi-sweet chocolate morsels
- ☐ 0.3 cup smucker's® strawberry preserves
- ☐ 0.8 cup vanilla wafer crumbs

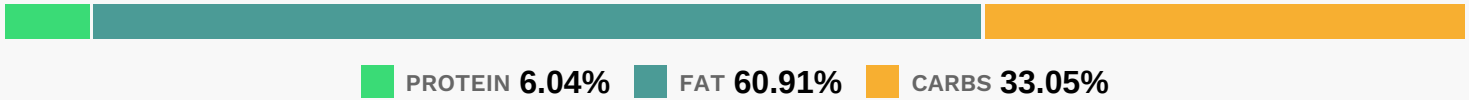
Equipment

- ☐ sauce pan
- ☐ mixing bowl

Directions

- ☐ In a small saucepan, melt chocolate over low heat. Put almonds in a small bowl. In a medium mixing bowl, beat the cream cheese until smooth and creamy.
- ☐ Add melted chocolate, beating until smooth. Stir in vanilla wafer crumbs and preserves, mixing well.
- ☐ Cover and chill mixture for 1 hour.
- ☐ Remove from refrigerator and shape mixture into 1-inch balls or "truffles."
- ☐ Roll each truffle in almonds; chill truffles until serving time

Nutrition Facts



Properties

Glycemic Index:3.52, Glycemic Load:1.69, Inflammation Score:-1, Nutrition Score:1.3234782607659%

Flavonoids

Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 58.54kcal (2.93%), Fat: 4.03g (6.19%), Saturated Fat: 1.89g (11.81%), Carbohydrates: 4.92g (1.64%), Net Carbohydrates: 4.4g (1.6%), Sugar: 2.95g (3.27%), Cholesterol: 5mg (1.67%), Sodium: 22.68mg (0.99%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 3.05mg (1.02%), Protein: 0.9g (1.8%), Manganese: 0.08mg (4.11%), Copper: 0.06mg (3.11%), Vitamin E: 0.44mg (2.97%), Magnesium: 10.75mg (2.69%), Phosphorus: 22.49mg (2.25%), Vitamin B2: 0.03mg (2.05%), Fiber: 0.51g (2.05%), Iron: 0.29mg (1.63%), Vitamin A: 65.24IU (1.3%), Potassium: 40.06mg (1.14%), Selenium: 0.8µg (1.14%), Calcium: 11.14mg (1.11%), Zinc: 0.17mg (1.1%)