



## Strawberry Pizza Cookie

 Dairy Free

READY IN



25 min.

SERVINGS



1

CALORIES



3089 kcal

DESSERT

### Ingredients

- ☐ 1 stick dairy-free margarine softened
- ☐ 12 ounce so delicious dairy free greek cultured coconut milk plain
- ☐ 1 eggs
- ☐ 1 pouch dairy-free sugar cookie mix
- ☐ 8 ounces strawberries fresh whole thinly sliced (one saved )
- ☐ 0.3 cup confectioner's sugar

### Equipment

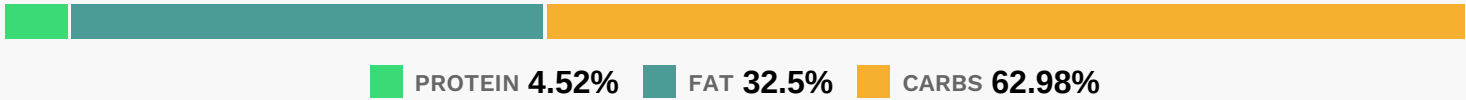
- ☐ bowl

- ☐ oven
- ☐ pizza pan

## Directions

- ☐ Preheat convection oven to 325°F or regular oven to 350°F
- ☐ Combine the sugar cookie mix, margarine and egg until a soft dough forms.
- ☐ Place ball of cookie dough on a round pizza pan and form into the shape of a pizza.
- ☐ Bake in the preheated oven for approx. 10 min or until edges start to turn golden.
- ☐ Remove from oven and allow to cool completely.
- ☐ Combine the Cultured Coconut Milk and confectioner’s sugar together in a bowl until well blended together.
- ☐ Spread evenly on cooled “pizza”, top with strawberries in desired pattern and place whole berry in center.Slice into pizza shape slices and enjoy!

## Nutrition Facts



## Properties

Glycemic Index:143.51, Glycemic Load:43.53, Inflammation Score:-10, Nutrition Score:45.029565603837%

## Flavonoids

Cyanidin: 3.81mg, Cyanidin: 3.81mg, Cyanidin: 3.81mg, Cyanidin: 3.81mg Petunidin: 0.25mg, Petunidin: 0.25mg, Petunidin: 0.25mg, Petunidin: 0.25mg Delphinidin: 0.7mg, Delphinidin: 0.7mg, Delphinidin: 0.7mg, Delphinidin: 0.7mg Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg Pelargonidin: 56.36mg, Pelargonidin: 56.36mg, Pelargonidin: 56.36mg, Pelargonidin: 56.36mg Peonidin: 0.11mg, Peonidin: 0.11mg, Peonidin: 0.11mg, Peonidin: 0.11mg Catechin: 7.05mg, Catechin: 7.05mg, Catechin: 7.05mg, Catechin: 7.05mg Epigallocatechin: 1.77mg, Epigallocatechin: 1.77mg, Epigallocatechin: 1.77mg, Epigallocatechin: 1.77mg Epicatechin: 0.95mg, Epicatechin: 0.95mg, Epicatechin: 0.95mg, Epicatechin: 0.95mg Epicatechin 3–gallate: 0.34mg, Epicatechin 3–gallate: 0.34mg, Epicatechin 3–gallate: 0.34mg, Epicatechin 3–gallate: 0.34mg Epigallocatechin 3–gallate: 0.25mg, Epigallocatechin 3–gallate: 0.25mg, Epigallocatechin 3–gallate: 0.25mg, Epigallocatechin 3–gallate: 0.25mg Naringenin: 0.59mg, Naringenin: 0.59mg, Naringenin: 0.59mg, Naringenin: 0.59mg Kaempferol: 1.13mg, Kaempferol: 1.13mg, Kaempferol: 1.13mg, Kaempferol: 1.13mg Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg Quercetin: 2.52mg, Quercetin: 2.52mg, Quercetin: 2.52mg, Quercetin: 2.52mg Gallocatechin: 0.07mg, Gallocatechin: 0.07mg, Gallocatechin: 0.07mg, Gallocatechin: 0.07mg

Nutrients (% of daily need)

Calories: 3088.66kcal (154.43%), Fat: 111.61g (171.71%), Saturated Fat: 20.97g (131.07%), Carbohydrates: 486.65g (162.22%), Net Carbohydrates: 480.75g (174.82%), Sugar: 299.9g (333.23%), Cholesterol: 163.68mg (54.56%), Sodium: 2382.4mg (103.58%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 34.93g (69.86%), Vitamin E: 31.55mg (210.31%), Vitamin C: 157.85mg (191.33%), Vitamin A: 5917.25IU (118.34%), Vitamin B3: 14.09mg (70.46%), Vitamin B12: 4.07µg (67.76%), Folate: 263.33µg (65.83%), Vitamin B2: 1.11mg (65.06%), Vitamin K: 67.84µg (64.61%), Calcium: 537.7mg (53.77%), Vitamin B6: 0.97mg (48.7%), Manganese: 0.89mg (44.49%), Vitamin B1: 0.58mg (38.7%), Vitamin D: 4.96µg (33.08%), Selenium: 22.54µg (32.2%), Iron: 5.18mg (28.76%), Copper: 0.56mg (28.12%), Potassium: 920.03mg (26.29%), Fiber: 5.9g (23.59%), Phosphorus: 146.07mg (14.61%), Zinc: 1.71mg (11.38%), Vitamin B5: 0.96mg (9.58%), Magnesium: 34.76mg (8.69%)