



Strawberry-Rhubarb Angel Cake

READY IN



190 min.

SERVINGS



12

CALORIES



364 kcal

DESSERT

Ingredients

- 1 box angel food cake mix white
- 0.5 cup granulated sugar
- 2 tablespoons orange juice
- 2 teaspoons orange zest grated
- 0.3 cup powdered sugar
- 3 tablespoons powdered sugar
- 12 servings food coloring red
- 2 cups rhubarb sliced
- 15 oz ricotta cheese

- 0.5 cup strawberries sliced
- 1.5 cups strawberries sliced
- 1.3 cups water cold
- 1.5 cups whipping cream (heavy)

Equipment

- bowl
- frying pan
- sauce pan
- oven
- knife
- hand mixer
- cake form

Directions

- Move oven rack to lowest position (remove other racks).
- Heat oven to 350F. In extra-large glass or metal bowl, beat cake mix, water and orange peel with electric mixer on low speed 30 seconds; beat on medium speed 1 minute.
- Pour into ungreased 10-inch angel food (tube) cake pan. (Do not use fluted tube cake pan or 9-inch angel food pan or batter will overflow.)
- Bake 37 to 47 minutes or until top is dark golden brown and cracks feel very dry and not sticky. Do not underbake. Immediately turn pan upside down onto glass bottle until cake is completely cool, about 2 hours.
- Meanwhile, in 2-quart saucepan, mix rhubarb, 1/2 cup granulated sugar and the orange juice. Cook over medium heat 10 minutes, stirring occasionally. Cool 15 minutes. Stir in 1 1/2 cups strawberries. Stir in 4 drops food color if deeper red color is desired. Refrigerate about 1 hour.
- In chilled medium bowl, beat whipping cream and 3 tablespoons sugar on high speed until soft peaks form. In large bowl, beat ricotta cheese and 1/4 cup powdered sugar on medium speed until fluffy. Fold in whipped cream.
- Run knife around edges of cake; remove from pan.

Cut cake horizontally to make 3 layers. Fill layers with filling. Frost side and top of cake with frosting. Arrange 1/2 cup strawberries over top of cake. Store covered in refrigerator.

Nutrition Facts

PROTEIN 8.19% **FAT 37.69%** **CARBS 54.12%**

Properties

Glycemic Index:20.17, Glycemic Load:6.88, Inflammation Score:-5, Nutrition Score:7.3521738207859%

Flavonoids

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Nutrients (% of daily need)

Calories: 364.11kcal (18.21%), Fat: 15.59g (23.98%), Saturated Fat: 9.82g (61.37%), Carbohydrates: 50.37g (16.79%), Net Carbohydrates: 49.3g (17.93%), Sugar: 38.47g (42.74%), Cholesterol: 51.69mg (17.23%), Sodium: 350.6mg (15.24%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 7.62g (15.24%), Vitamin C: 17.79mg (21.56%), Phosphorus: 209.62mg (20.96%), Calcium: 173.79mg (17.38%), Selenium: 11.19µg (15.99%), Vitamin B2: 0.24mg (14.16%), Vitamin A: 625.71IU (12.51%), Manganese: 0.19mg (9.47%), Vitamin K: 7.87µg (7.49%), Folate: 29.43µg (7.36%), Potassium: 201.73mg (5.76%), Fiber: 1.08g (4.3%), Magnesium: 16.32mg (4.08%), Zinc: 0.6mg (4.02%), Vitamin D: 0.55µg (3.65%), Copper: 0.07mg (3.42%), Vitamin B12: 0.19µg (3.12%), Vitamin B5: 0.31mg (3.05%), Vitamin E: 0.44mg (2.93%), Iron: 0.42mg (2.36%), Vitamin B6: 0.05mg (2.35%), Vitamin B3: 0.32mg (1.62%), Vitamin B1: 0.02mg (1.56%)