



Strawberry Sauza®-Rita



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



9

CALORIES



100 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



12 ounces champagne



12 ounce limeade concentrate frozen canned



4 ounces strawberry liqueur dekuyper®



8 ounces blanco tequila sauza®



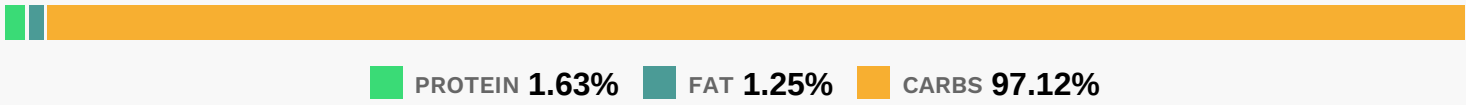
12 ounces water

Equipment

Directions

- ☐
- Pour limeade into pitcher with ice. Fill limeade can with champagne and pour into pitcher. Then fill limeade can with 2/3 Sauza Blanco Tequila and 1/3 DeKuyper Strawberry and pour in. Lastly, add a can of water, stir and serve over ice. Makes 9 delicious drinks, perfect for any ladies night in.
- ☐
- Looking for a lighter option? Swap soda water for the champagne and 2 cups of sliced strawberries for the Strawberry Liqueur.

Nutrition Facts



Properties

Glycemic Index:6.11, Glycemic Load:0.29, Inflammation Score:-2, Nutrition Score:1.133913025179%

Flavonoids

Cyanidin: 0.21mg, Cyanidin: 0.21mg, Cyanidin: 0.21mg, Cyanidin: 0.21mg Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg Delphinidin: 0.04mg, Delphinidin: 0.04mg, Delphinidin: 0.04mg, Delphinidin: 0.04mg Pelargonidin: 3.13mg, Pelargonidin: 3.13mg, Pelargonidin: 3.13mg, Pelargonidin: 3.13mg Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 100.42kcal (5.02%), Fat: 0.04g (0.06%), Saturated Fat: 0g (0.01%), Carbohydrates: 6.62g (2.21%), Net Carbohydrates: 6.37g (2.32%), Sugar: 6.07g (6.74%), Cholesterol: 0mg (0%), Sodium: 6.05mg (0.26%), Alcohol: 10.84g (100%), Alcohol %: 9.08% (100%), Protein: 0.11g (0.22%), Vitamin C: 8.58mg (10.4%), Manganese: 0.05mg (2.68%), Magnesium: 6.55mg (1.64%), Potassium: 56.83mg (1.62%), Copper: 0.03mg (1.38%), Iron: 0.21mg (1.18%), Phosphorus: 10.08mg (1.01%), Fiber: 0.25g (1.01%)