



## String Cheese Nachos

 Vegetarian  Gluten Free

READY IN



6 min.

SERVINGS



6

CALORIES



166 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 0.3 cup taco bellâ® & chunky salsa thick
- 2 oz polly-o mozzarella string cheese kraft
- 1.5 cups tortilla chips

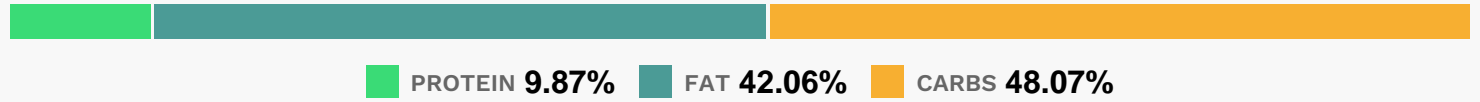
### Equipment

- microwave

### Directions

- Place chips on microwaveable plate. Pull cheese into thin strips; place evenly over chips.
- Microwave on HIGH 1 to 1-1/2 min. or until cheese is melted.
- Serve with salsa.

## Nutrition Facts



## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:2.8586956573569%

## Nutrients (% of daily need)

Calories: 165.87kcal (8.29%), Fat: 7.99g (12.3%), Saturated Fat: 1.99g (12.45%), Carbohydrates: 20.56g (6.85%), Net Carbohydrates: 18.81g (6.84%), Sugar: 0.64g (0.71%), Cholesterol: 5.1mg (1.7%), Sodium: 239.64mg (10.42%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.22g (8.44%), Vitamin E: 1.15mg (7.65%), Fiber: 1.75g (6.99%), Phosphorus: 68.15mg (6.82%), Magnesium: 25.77mg (6.44%), Vitamin K: 6.46µg (6.16%), Calcium: 40.22mg (4.02%), Vitamin B5: 0.36mg (3.63%), Vitamin B6: 0.07mg (3.53%), Vitamin B1: 0.04mg (2.94%), Zinc: 0.42mg (2.79%), Iron: 0.48mg (2.68%), Potassium: 80.28mg (2.29%), Selenium: 1.36µg (1.95%), Vitamin B3: 0.36mg (1.81%), Copper: 0.03mg (1.75%), Vitamin B2: 0.02mg (1.39%), Vitamin A: 54.19IU (1.08%)