



Sugar Cookie Glaze

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



2

CALORIES



265 kcal

DESSERT

Ingredients

- 1 cup powdered sugar
- 1 tablespoon plus light
- 10 drops purple gel food coloring
- 2 tablespoons water

Equipment

Directions

- Stir confectioners' sugar, corn syrup, and water together. Stir in food coloring if desired. This glaze must be stirred each time you use it. If it is not stirred before each use it will dry with a mottled look instead of a solid color.

Nutrition Facts

PROTEIN 0% **FAT 0.07%** **CARBS 99.93%**

Properties

Glycemic Index:9.5, Glycemic Load:1.61, Inflammation Score:1, Nutrition Score:0.13434782802411%

Nutrients (% of daily need)

Calories: 264.53kcal (13.23%), Fat: 0.02g (0.03%), Saturated Fat: 0g (0%), Carbohydrates: 68.33g (22.78%), Net Carbohydrates: 68.33g (24.85%), Sugar: 67.13g (74.59%), Cholesterol: 0mg (0%), Sodium: 8.77mg (0.38%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0g (0%)