



Sugar Cookies III

READY IN



45 min.

SERVINGS



54

CALORIES



81 kcal

DESSERT

Ingredients

- ☐ 0.5 cup butter softened
- ☐ 1 eggs
- ☐ 0.5 cup butter softened
- ☐ 1 teaspoon orange extract
- ☐ 2.5 cups self-rising flour
- ☐ 2 cups sugar white

Equipment

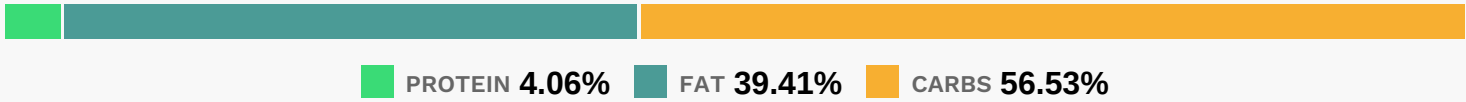
- ☐ baking sheet

- ☐ oven
- ☐ hand mixer

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ Beat all ingredients except self-rising flour with an electric mixer until fluffy.
- ☐ Add self-rising flour and mix well.
- ☐ Roll dough into balls, coat in sprinkles or favorite toppings, and flatten on ungreased cookie sheet.
- ☐ Bake for 5 to 8 minutes until done.

Nutrition Facts



Properties

Glycemic Index:3.46, Glycemic Load:7.89, Inflammation Score:-1, Nutrition Score:0.70739130262771%

Nutrients (% of daily need)

Calories: 80.76kcal (4.04%), Fat: 3.59g (5.53%), Saturated Fat: 1.47g (9.19%), Carbohydrates: 11.6g (3.87%), Net Carbohydrates: 11.46g (4.17%), Sugar: 7.41g (8.24%), Cholesterol: 7.55mg (2.52%), Sodium: 34.68mg (1.51%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.83g (1.67%), Selenium: 2.61µg (3.73%), Vitamin A: 132.22IU (2.64%), Manganese: 0.05mg (2.32%)