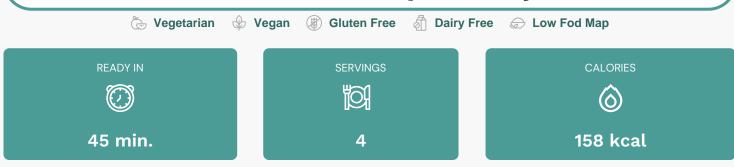


Summer Camp Slushy



Ingredients

1 cup campari

4 cups ice cubes with the grater blade of a food processor) shaved

Equipment

ice cream scoop

Directions

Chill Campari in a small pitcher. Using an ice cream scoop, pack approximately 1 cup shaved ice into a paper snow cone cup (or cocktail glass), then drizzle with a quarter of the chilled Campari. Repeat with remaining ice.

Nutrition Facts

PROTEIN 0% FAT 0% CARBS 100%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.14565217106239%

Nutrients (% of daily need)

Calories: 157.53kcal (7.88%), Fat: Og (0%), Saturated Fat: Og (0%), Carbohydrates: 15.93g (5.31%), Net Carbohydrates: 15.93g (5.79%), Sugar: Og (0%), Cholesterol: Omg (0%), Sodium: 11.83mg (0.51%), Alcohol: 13.39g (100%), Alcohol %: 5.74% (100%), Protein: Og (0%), Copper: 0.04mg (1.89%)