



Summer Snow Cone Syrup

 Vegetarian

READY IN



7 min.

SERVINGS



12

CALORIES



113 kcal

DESSERT

Ingredients

- 0.1 ounce drink mix unsweetened soft fruit-flavored
- 2 cups splenda® no calorie sweetener
- 1 cup water

Equipment

- sauce pan

Directions

- In a saucepan, stir together the SLENDA® Granulated Sweetener and water. Bring to a boil, and boil for about 1 minute.
- Remove from heat, and stir in the drink mix. Allow to cool, and store in a container for pouring.
- Pour over shaved ice to flavor.

Nutrition Facts

PROTEIN 0.14% **FAT 0.21%** **CARBS 99.65%**

Properties

Glycemic Index:4.17, Glycemic Load:15.2, Inflammation Score:1, Nutrition Score:0.059999999873664%

Nutrients (% of daily need)

Calories: 113.31kcal (5.67%), Fat: 0.03g (0.04%), Saturated Fat: 0.01g (0.09%), Carbohydrates: 30.62g (10.21%), Net Carbohydrates: 30.62g (11.13%), Sugar: 26.91g (29.9%), Cholesterol: 0.07mg (0.02%), Sodium: 2.23mg (0.1%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.04g (0.09%)