



Sunset Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



2

CALORIES



172 kcal

BEVERAGE

DRINK

Ingredients



2 tablespoons juice of lime



2 twists lime peel fresh



3 tablespoons orange juice



4 tablespoons pomegranate juice



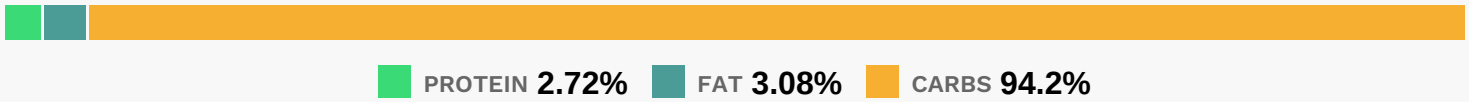
0.3 cup tequila and triple sec

Equipment

Directions

- ☐ Put about 1 cup ice cubes in a pitcher.
- ☐ Pour in tequila, triple sec, orange juice, and lime juice. Stir well and divide between two cocktail glasses. Using the back of a large spoon, carefully pour 2 tbsp. pomegranate juice down the inner side of each glass.
- ☐ Garnish each with fresh lime peel, crushed slightly just before adding.

Nutrition Facts



Properties

Glycemic Index:42, Glycemic Load:3, Inflammation Score:-4, Nutrition Score:4.5100000656169%

Flavonoids

Cyanidin: 0.71mg, Cyanidin: 0.71mg, Cyanidin: 0.71mg, Cyanidin: 0.71mg Delphinidin: 0.24mg, Delphinidin: 0.24mg, Delphinidin: 0.24mg, Delphinidin: 0.24mg Pelargonidin: 0.03mg, Pelargonidin: 0.03mg, Pelargonidin: 0.03mg, Pelargonidin: 0.03mg Eriodictyol: 0.37mg, Eriodictyol: 0.37mg, Eriodictyol: 0.37mg, Eriodictyol: 0.37mg Hesperetin: 33.2mg, Hesperetin: 33.2mg, Hesperetin: 33.2mg, Hesperetin: 33.2mg Naringenin: 2.88mg, Naringenin: 2.88mg, Naringenin: 2.88mg, Naringenin: 2.88mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.74mg, Quercetin: 0.74mg, Quercetin: 0.74mg, Quercetin: 0.74mg

Nutrients (% of daily need)

Calories: 172.44kcal (8.62%), Fat: 0.4g (0.61%), Saturated Fat: 0.09g (0.54%), Carbohydrates: 27.49g (9.16%), Net Carbohydrates: 25.47g (9.26%), Sugar: 19.92g (22.13%), Cholesterol: 0mg (0%), Sodium: 7.7mg (0.33%), Alcohol: 10.23g (100%), Alcohol %: 7.35% (100%), Caffeine: 10.23mg (3.41%), Protein: 0.79g (1.59%), Vitamin C: 36.78mg (44.58%), Fiber: 2.02g (8.07%), Potassium: 211.98mg (6.06%), Folate: 21.61µg (5.4%), Copper: 0.08mg (4.04%), Vitamin B1: 0.05mg (3.52%), Vitamin K: 3.59µg (3.42%), Calcium: 30.66mg (3.07%), Vitamin B5: 0.3mg (2.97%), Iron: 0.52mg (2.89%), Vitamin B6: 0.06mg (2.83%), Magnesium: 11.28mg (2.82%), Phosphorus: 24.11mg (2.41%), Manganese: 0.05mg (2.32%), Vitamin E: 0.3mg (2.02%), Vitamin B3: 0.38mg (1.91%), Vitamin B2: 0.03mg (1.91%), Vitamin A: 92IU (1.84%)