



## Sunshine Pie

READY IN



255 min.

SERVINGS



10

CALORIES



381 kcal

## Ingredients

- 14 oz eagle brandâ<sup>®</sup> condensed milk sweetened divided canned
- 8 oz philadelphia cream cheese softened
- 6 oz ready-to-use graham cracker crumb crust
- 3.4 oz jell-o vanilla flavor pudding instant
- 1 orange zest
- 8 oz cool whip whipped topping divided thawed

## Equipment

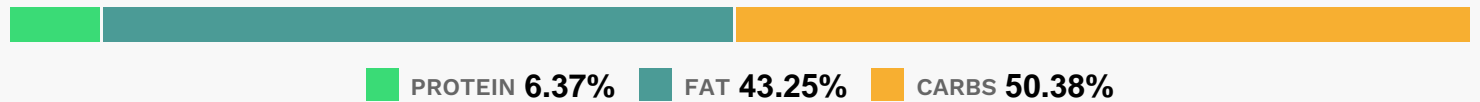
- bowl
- whisk

blender

## Directions

- Beat cream cheese and 1/4 cup condensed milk with mixer until well blended.
- Whisk in 1/2 cup COOL WHIP.
- Spread onto bottom of crust.
- Whisk orange juice, remaining condensed milk and dry pudding mix in medium bowl 2 min. Stir in 1-1/2 cups of the remaining COOL WHIP.
- Spread over cream cheese layer.
- Stir orange zest into remaining COOL WHIP; spread over pie. Refrigerate 4 hours.

## Nutrition Facts



## Properties

Glycemic Index:8.8, Glycemic Load:13.51, Inflammation Score:-3, Nutrition Score:6.2108695403389%

## Nutrients (% of daily need)

Calories: 380.5kcal (19.02%), Fat: 18.49g (28.44%), Saturated Fat: 10.18g (63.64%), Carbohydrates: 48.44g (16.15%), Net Carbohydrates: 47.94g (17.43%), Sugar: 38.52g (42.8%), Cholesterol: 36.85mg (12.28%), Sodium: 279.31mg (12.14%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 6.13g (12.26%), Vitamin B2: 0.28mg (16.25%), Phosphorus: 161.81mg (16.18%), Calcium: 158.17mg (15.82%), Selenium: 8.91µg (12.73%), Manganese: 0.22mg (11.23%), Vitamin A: 432.55IU (8.65%), Potassium: 223.78mg (6.39%), Vitamin B1: 0.08mg (5.21%), Vitamin K: 5.15µg (4.9%), Zinc: 0.73mg (4.84%), Folate: 18.5µg (4.63%), Vitamin B5: 0.46mg (4.63%), Vitamin E: 0.69mg (4.6%), Magnesium: 18.12mg (4.53%), Vitamin B12: 0.27µg (4.5%), Vitamin B3: 0.69mg (3.43%), Iron: 0.58mg (3.24%), Vitamin C: 2.66mg (3.23%), Copper: 0.05mg (2.67%), Vitamin B6: 0.05mg (2.63%), Fiber: 0.51g (2.03%)