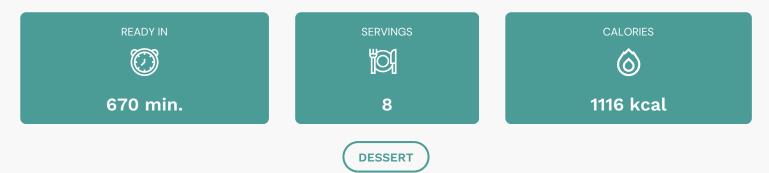


# SuzyQ's Elegant Cheesecake

🕭 Vegetarian



# Ingredients

- 0.5 cup butter melted
- 2.5 pounds cream cheese softened
- 2 egg yolk
- 5 eggs
- 2 tablespoons flour all-purpose
- 32 graham crackers crushed
- 0.5 cup cup heavy whipping cream
- 1 teaspoon juice of lemon

- 1.5 teaspoons lemon zest fresh grated
  - 0.5 teaspoon vanilla extract
- 1.8 cups granulated sugar white

# Equipment

- bowl
- frying pan
- oven
- springform pan

## **Directions**

Preheat oven to 325 degrees F (165 degrees C).
Mix the graham cracker crumbs, butter, 1/4 cup of sugar, and flour together in a bowl; press into the bottom of a 9-inch springform pan.
Bake the crust until lightly browned, about 8 minutes; allow to cool in the pan. Raise the oven temperature to 450 degrees F (230 degrees C).
In a large bowl, beat the cream cheese with 1 3/4 cup of sugar, lemon peel, lemon juice, and

sugar, lemon peel, lemon juice, and vanilla extract until thoroughly combined. Beat in the eggs and egg yolks, one at a time, until the filling is free of lumps; gently fold in the whipped cream.

Bake in the 450-degree oven for 12 minutes, then reduce oven heat to 250 degrees F (120 degrees C).

Bake until set, about 11/2 hours.

Remove the cheesecake gently and carefully from the oven, and allow to cool to room temperature while still in pan; refrigerate overnight. Release the pan and gently remove to slice and serve the cheesecake.

## **Nutrition Facts**

PROTEIN 6.2% FAT 59.75% CARBS 34.05%

## **Properties**

Glycemic Index:37.01, Glycemic Load:63.86, Inflammation Score:-9, Nutrition Score:15.549565107926%

## Flavonoids

Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

#### Nutrients (% of daily need)

Calories: 1115.97kcal (55.8%), Fat: 75.21g (115.7%), Saturated Fat: 41.51g (259.46%), Carbohydrates: 96.43g (32.14%), Net Carbohydrates: 94.43g (34.34%), Sugar: 62.51g (69.46%), Cholesterol: 341.38mg (113.79%), Sodium: 951.11mg (41.35%), Alcohol: 0.09g (100%), Alcohol %: 0.04% (100%), Protein: 17.56g (35.11%), Vitamin A: 2690.49IU (53.81%), Vitamin B2: 0.66mg (38.87%), Selenium: 24.64µg (35.2%), Phosphorus: 350.96mg (35.1%), Calcium: 217.45mg (21.74%), Iron: 3.2mg (17.8%), Folate: 62.64µg (15.66%), Zinc: 2.32mg (15.47%), Vitamin B5: 1.43mg (14.28%), Vitamin E: 2.09mg (13.95%), Vitamin B1: 0.2mg (13.2%), Magnesium: 51.18mg (12.8%), Vitamin B3: 2.4mg (11.98%), Vitamin B1: 0.69µg (11.54%), Vitamin B6: 0.21mg (10.27%), Potassium: 351.11mg (10.03%), Fiber: 2g (7.99%), Vitamin D: 1.03µg (6.87%), Vitamin K: 4.57µg (4.35%), Copper: 0.07mg (3.68%), Manganese: 0.04mg (2.06%)