

DINNER

Swanson® Chicken Nachos

6 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
15 min	10 min	5 min	6	\$1.92	382 kcal



Swanson® Chicken Nachos could be just the gluten free and dairy free recipe you've been looking for. This recipe serves 6 and costs \$1.92 per serving. One serving contains 382 calories, 15g of protein, and 16g of fat. It works well as a hor d'oeuvre.

Ingredients

- ☐ 10¾ ounce Campbell's® Condensed Cheddar Cheese Soup
canned
- ☐ 6 servings Sliced green onion
- ☐ ½ cup Pace® Thick & Chunky Salsa
- ☐ 10 ounce tortilla chips
- ☐ 9 ounce Swanson® Premium Chunk Chicken Breast in Water, drained
canned
- ☐ 6 servings Sliced pitted ripe olives
- ☐ 6 servings Chopped tomato

EQUIPMENT Sauce pan

Method

- 1 Heat the salsa, soup and chicken in a 1-quart saucepan over medium heat until the mixture is hot and bubbling, stirring often.
- 2 Spoon the chicken mixture over the chips. Top with the tomato, onion and olives.

Nutrition per serving

382
KCAL

15 g
PROTEIN

16 g
FAT

46 g
CARBS

Saturated Fat	2.9 g · 18% of daily needs
Fibre	6.3 g · 25% of daily needs
Sugar	7 g · 8% of daily needs
Sodium	935 mg · 41% of daily needs
Cholesterol	29.3 mg · 10% of daily needs
Vitamin C	26.7 mg · 32% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/swanson-chicken-nachos-148279