



Sweet Dijon Salad Dressing

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



12

CALORIES



44 kcal

SIDE DISH

ANTIPASTI

STARTER

SNACK

Ingredients

- 0.3 cup apple cider vinegar
- 0.3 cup dijon mustard
- 0.3 cup olive oil
- 4 gram granular sucrolose sweetener splenda® (such as)

Equipment

Directions

Place the cider vinegar, Dijon mustard, olive oil and sugar substitute into a jar with a tight fitting lid. Close the jar, and shake vigorously to blend. Refrigerate until chilled before using.

Nutrition Facts

PROTEIN 1.93% **FAT 92.32%** **CARBS 5.75%**

Properties

Glycemic Index:6, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:0.73086957269065%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 43.99kcal (2.2%), Fat: 4.68g (7.19%), Saturated Fat: 0.63g (3.96%), Carbohydrates: 0.65g (0.22%), Net Carbohydrates: 0.18g (0.07%), Sugar: 0.18g (0.2%), Cholesterol: 0mg (0%), Sodium: 57.4mg (2.5%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.22g (0.44%), Vitamin E: 0.67mg (4.44%), Vitamin K: 2.79µg (2.65%), Selenium: 1.77µg (2.53%), Manganese: 0.03mg (1.7%)