



Sweet Sausage Rolls

READY IN



40 min.

SERVINGS



24

CALORIES



297 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 ounces regular crescent rolls refrigerated
- 24 andouille smoked miniature
- 0.5 cup butter melted
- 0.5 cup nuts chopped
- 3 tablespoons honey
- 3 tablespoons brown sugar

Equipment

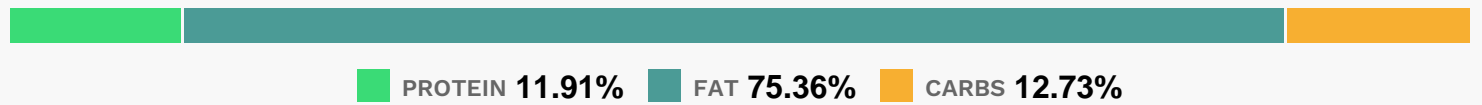
- oven

baking pan

Directions

- Unroll crescent dough and separate into triangles; cut each lengthwise into 3 triangles.
- Place sausages on wide end of triangles; roll up tightly.
- Combine the remaining ingredients in an 11x7-in. baking dish. Arrange sausage rolls, seam side down, in butter mixture.
- Bake, uncovered, at 400° for 15–20 minutes or until golden brown.

Nutrition Facts



Properties

Glycemic Index:5.5, Glycemic Load:1.27, Inflammation Score:-1, Nutrition Score:5.2321739105265%

Nutrients (% of daily need)

Calories: 297.14kcal (14.86%), Fat: 24.94g (38.37%), Saturated Fat: 9.56g (59.78%), Carbohydrates: 9.48g (3.16%), Net Carbohydrates: 9.21g (3.35%), Sugar: 4.56g (5.06%), Cholesterol: 57.03mg (19.01%), Sodium: 665.15mg (28.92%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 8.87g (17.73%), Vitamin B12: 1µg (16.74%), Selenium: 8.73µg (12.47%), Vitamin B1: 0.18mg (11.86%), Vitamin B3: 2.28mg (11.39%), Zinc: 1.52mg (10.11%), Phosphorus: 84.97mg (8.5%), Vitamin B2: 0.12mg (7.11%), Vitamin B6: 0.12mg (6.12%), Iron: 0.91mg (5.07%), Vitamin D: 0.73µg (4.84%), Manganese: 0.09mg (4.28%), Potassium: 147.15mg (4.2%), Copper: 0.08mg (3.98%), Magnesium: 14.95mg (3.74%), Vitamin B5: 0.34mg (3.36%), Vitamin A: 118.63IU (2.37%), Fiber: 0.28g (1.1%), Folate: 4.35µg (1.09%)