



Sweet & Spicy Bacon Wrapped Smokies

 Gluten Free  Dairy Free

READY IN



22 min.

SERVINGS



22

CALORIES



122 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 12 slices oscar mayer bacon fully cooked
- 24 cocktail-size sausage links smoked
- 0.3 cup chili sauce sweet

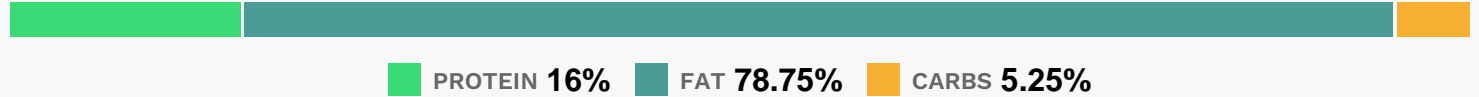
Equipment

- oven
- baking pan
- toothpicks

Directions

- Heat oven to 400F.
- Wrap bacon around sausage; secure with wooden toothpicks.
- Place in shallow baking dish; drizzle with sauce.
- Bake 12 min. or until heated through.

Nutrition Facts



Properties

Glycemic Index:1.27, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:2.1395652308736%

Nutrients (% of daily need)

Calories: 122.34kcal (6.12%), Fat: 10.57g (16.26%), Saturated Fat: 3.51g (21.97%), Carbohydrates: 1.59g (0.53%), Net Carbohydrates: 1.57g (0.57%), Sugar: 1.39g (1.54%), Cholesterol: 23.63mg (7.88%), Sodium: 247.18mg (10.75%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.83g (9.66%), Vitamin B3: 1.51mg (7.54%), Vitamin B1: 0.09mg (6.21%), Vitamin B6: 0.1mg (4.93%), Phosphorus: 46.73mg (4.67%), Zinc: 0.62mg (4.1%), Vitamin B12: 0.25µg (4.09%), Selenium: 2.41µg (3.45%), Potassium: 77.87mg (2.22%), Vitamin D: 0.33µg (2.21%), Vitamin B2: 0.04mg (2.14%), Vitamin B5: 0.21mg (2.13%), Iron: 0.29mg (1.62%), Magnesium: 4.49mg (1.12%)