



WHATSheATE



Sweetheart Sandwich Cookies

READY IN



60 min.

SERVINGS



42

CALORIES



120 kcal

DESSERT

Ingredients

- ☐ 17.5 oz sugar cookie mix
- ☐ 2 tablespoons flour all-purpose
- ☐ 0.5 cup butter softened
- ☐ 1 eggs
- ☐ 0.5 teaspoon almond extract
- ☐ 0.3 cup granulated sugar
- ☐ 16 oz vanilla frosting
- ☐ 2 tablespoons sprinkles

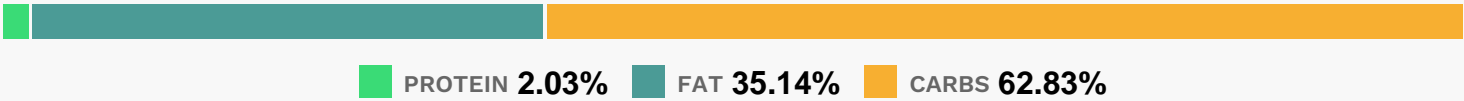
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack

Directions

- ☐ Heat oven to 350°F. In medium bowl, stir cookie mix and flour until well blended.
- ☐ Add butter, egg and almond extract; stir until soft dough forms.
- ☐ Roll dough into 84 (1/2-inch) balls.
- ☐ Roll each ball in sugar.
- ☐ Place balls 1 inch apart on ungreased cookie sheet.
- ☐ Bake 7 to 9 minutes or until set. Cool 1 minute; remove from cookie sheet to cooling rack. Cool completely, about 15 minutes.
- ☐ For each sandwich cookie, spread 1 teaspoon frosting on bottom of 1 cooled cookie. Top with second cookie, bottom side down; gently press cookies together.
- ☐ Roll sides of sandwich cookie in sprinkles.

Nutrition Facts



Properties

Glycemic Index:5.67, Glycemic Load:4.18, Inflammation Score:-1, Nutrition Score:0.55434782187576%

Nutrients (% of daily need)

Calories: 120.46kcal (6.02%), Fat: 4.71g (7.25%), Saturated Fat: 1.77g (11.04%), Carbohydrates: 18.95g (6.32%), Net Carbohydrates: 18.94g (6.89%), Sugar: 13.93g (15.48%), Cholesterol: 9.71mg (3.24%), Sodium: 72.51mg (3.15%), Alcohol: 0.02g (100%), Alcohol %: 0.07% (100%), Protein: 0.61g (1.23%), Vitamin B2: 0.04mg (2.61%), Vitamin E: 0.24mg (1.59%), Vitamin K: 1.6µg (1.52%), Vitamin A: 73.19IU (1.46%)