



Tainted Fruit Shots

 Vegetarian  Gluten Free  Dairy Free  Low Fod Map

READY IN



60 min.

SERVINGS



20

CALORIES



60 kcal

BEVERAGE

DRINK

Ingredients

- 6 ounce fruit jell-o® mix flavored
- 1.3 cups vodka chilled
- 0.8 cup water cold
- 2 cups water boiling

Equipment

- bowl

Directions

- In a large bowl, mix boiling water with gelatin. Stir until gelatin dissolves. Stir in vodka and cold water.
- Pour mixture into plastic shot glasses and chill in refrigerator for 1 hour, or until set.

Nutrition Facts

PROTEIN 0.39% **FAT 0%** **CARBS 99.61%**

Properties

Glycemic Index:0.75, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.20869565544569%

Nutrients (% of daily need)

Calories: 60.25kcal (3.01%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 6.37g (2.12%), Net Carbohydrates: 6g (2.18%), Sugar: 4.07g (4.53%), Cholesterol: 0mg (0%), Sodium: 6.71mg (0.29%), Alcohol: 5.01g (100%), Alcohol %: 11.33% (100%), Protein: 0.02g (0.05%), Fiber: 0.37g (1.46%), Calcium: 12.29mg (1.23%), Iron: 0.2mg (1.1%)