



Tartar Sauce I



Vegetarian



Gluten Free



Dairy Free



Popular

READY IN



70 min.

SERVINGS



4

CALORIES



388 kcal

SAUCE

Ingredients

- ☐ 2 tablespoons juice of lemon
- ☐ 1 cup mayonnaise
- ☐ 1 tablespoon onion minced
- ☐ 4 servings salt and pepper to taste
- ☐ 1 tablespoon relish sweet

Equipment

- ☐ bowl

Directions

☐ In a small bowl, mix together mayonnaise, sweet pickle relish, and minced onion. Stir in lemon juice. Season to taste with salt and pepper. Refrigerate for at least 1 hour before serving.

Nutrition Facts



PROTEIN 0.62% **FAT 96.93%** **CARBS 2.45%**

Properties

Glycemic Index:19.25, Glycemic Load:0.21, Inflammation Score:-1, Nutrition Score:5.3100001215935%

Flavonoids

Eriodictyol: 0.37mg, Eriodictyol: 0.37mg, Eriodictyol: 0.37mg, Eriodictyol: 0.37mg Hesperetin: 1.09mg, Hesperetin: 1.09mg, Hesperetin: 1.09mg, Hesperetin: 1.09mg Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg

Nutrients (% of daily need)

Calories: 388.33kcal (19.42%), Fat: 41.93g (64.5%), Saturated Fat: 6.56g (40.99%), Carbohydrates: 2.39g (0.8%), Net Carbohydrates: 2.28g (0.83%), Sugar: 1.71g (1.89%), Cholesterol: 23.52mg (7.84%), Sodium: 579.98mg (25.22%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.61g (1.21%), Vitamin K: 94.43µg (89.94%), Vitamin E: 1.87mg (12.47%), Vitamin C: 3.13mg (3.79%), Selenium: 1.31µg (1.87%), Vitamin A: 82.57IU (1.65%), Phosphorus: 13.61mg (1.36%), Folate: 4.81µg (1.2%), Vitamin B12: 0.07µg (1.12%), Vitamin B5: 0.11mg (1.09%)