



Teddy Bear Cookie Pops

 Vegetarian

READY IN



60 min.

SERVINGS



12

CALORIES



251 kcal

DESSERT

Ingredients

- 1 pouch peanut butter sandwich cookie crumbs (1 lb 1.5 oz)
- 3 tablespoons vegetable oil
- 1 tablespoon water
- 1 eggs
- 12 celery stalks with rounded ends
- 24 romano beans ()
- 12 add a hershey's chocolate kiss on top as done kisses®
- 1 tube decorating gel red (0.68)

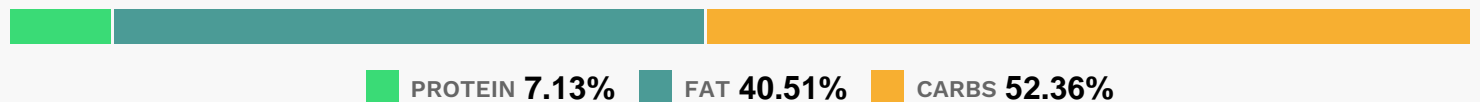
Equipment

- bowl
- baking sheet
- oven
- wire rack

Directions

- Heat oven to 375°F. In medium bowl, stir cookie mix, oil, water and egg until soft dough forms.
- Shape dough into 12 balls, using 1 1/2 tablespoons dough for each.
- Place balls about 4 inches apart on ungreased cookie sheet. Shape remaining dough into 24 balls, using 1 teaspoon dough for each.
- Insert stick into side of each large ball; place 2 small balls next to each large ball for ears. Press balls evenly until about 1/4 inch thick.
- Bake 11 to 13 minutes or until edges begin to brown. Cool 2 minutes; remove from cookie sheet to cooling rack. Cool completely, about 30 minutes.
- Add 2 flat candies on each cookie for eyes and 1 milk chocolate candy for nose, using gel to attach. Squeeze on gel for mouth.

Nutrition Facts



Properties

Glycemic Index:6.5, Glycemic Load:1, Inflammation Score:-3, Nutrition Score:4.7378260596939%

Flavonoids

Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.11mg, Luteolin: 0.11mg, Luteolin: 0.11mg, Luteolin: 0.11mg Kaempferol: 0.23mg, Kaempferol: 0.23mg, Kaempferol: 0.23mg, Kaempferol: 0.23mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 1.38mg, Quercetin: 1.38mg, Quercetin: 1.38mg

Nutrients (% of daily need)

Calories: 251.02kcal (12.55%), Fat: 11.86g (18.24%), Saturated Fat: 2.92g (18.28%), Carbohydrates: 34.49g (11.5%), Net Carbohydrates: 31.48g (11.45%), Sugar: 20.52g (22.8%), Cholesterol: 14.79mg (4.93%), Sodium: 354.91mg (15.43%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 4.7g (9.39%), Vitamin K: 28.94µg (27.56%), Fiber: 3g (12.02%), Vitamin A: 382.76IU (7.66%), Vitamin C: 6.22mg (7.54%), Iron: 1.16mg (6.47%), Manganese: 0.11mg (5.66%), Folate: 19.66µg (4.92%), Vitamin B2: 0.07mg (4.18%), Vitamin B6: 0.08mg (3.98%), Vitamin E: 0.53mg (3.55%), Potassium: 120.96mg (3.46%), Magnesium: 13.39mg (3.35%), Calcium: 31.27mg (3.13%), Vitamin B1: 0.04mg (2.89%), Phosphorus: 27.22mg (2.72%), Selenium: 1.44µg (2.06%), Copper: 0.04mg (1.94%), Vitamin B3: 0.38mg (1.91%), Vitamin B5: 0.18mg (1.79%), Zinc: 0.17mg (1.15%)