



Telegraph's Henry Porter



Vegetarian



Gluten Free

READY IN



1 min.

SERVINGS



1

CALORIES



120 kcal

BEVERAGE

DRINK

Ingredients

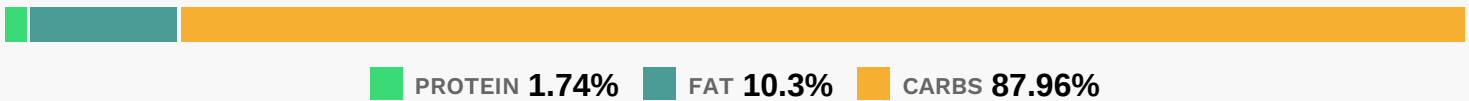
- ☐ 1 Dash cup heavy whipping cream
- ☐ 0.8 ounce hendrick's gin
- ☐ 1 serving optional: lemon
- ☐ 2 ounces cooking sherry
- ☐ 0.3 ounce simple syrup glaze (see note above)

Equipment

Directions

- ☐ Rinse the drinking glass with absinthe and dispose of excess.
- ☐ Combine sherry, gin, simple syrup, and orange cream citrate in a mixing glass.
- ☐ Add ice and stir until chilled. Strain into drinking glass. Squeeze lemon twist over the cocktail to express its oils and then drop into the glass.
- ☐ Serve.

Nutrition Facts



Properties

Glycemic Index:55.5, Glycemic Load:0.34, Inflammation Score:-3, Nutrition Score:1.0504347810765%

Flavonoids

Malvidin: 0.03mg, Malvidin: 0.03mg, Malvidin: 0.03mg, Malvidin: 0.03mg Catechin: 0.44mg, Catechin: 0.44mg, Catechin: 0.44mg, Catechin: 0.44mg Epicatechin: 0.31mg, Epicatechin: 0.31mg, Epicatechin: 0.31mg, Epicatechin: 0.31mg Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg Hesperetin: 2.18mg, Hesperetin: 2.18mg, Hesperetin: 2.18mg, Hesperetin: 2.18mg Naringenin: 0.25mg, Naringenin: 0.25mg, Naringenin: 0.25mg, Naringenin: 0.25mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 120.1kcal (6.01%), Fat: 0.38g (0.59%), Saturated Fat: 0.23g (1.45%), Carbohydrates: 7.34g (2.45%), Net Carbohydrates: 7.14g (2.6%), Sugar: 5.94g (6.6%), Cholesterol: 1.13mg (0.38%), Sodium: 7.57mg (0.33%), Alcohol: 12.94g (100%), Alcohol %: 17.63% (100%), Protein: 0.15g (0.29%), Vitamin C: 3.72mg (4.5%), Manganese: 0.07mg (3.61%), Iron: 0.46mg (2.55%), Magnesium: 7.01mg (1.75%), Vitamin B6: 0.03mg (1.73%), Potassium: 55.76mg (1.59%), Phosphorus: 13.32mg (1.33%), Vitamin B1: 0.02mg (1.09%)