



Thai Iced Coffee

 Vegetarian  Gluten Free

READY IN



45 min.

SERVINGS



7

CALORIES



183 kcal

BEVERAGE

DRINK

Ingredients

- 0.5 pound roast ground coffee dark
- 14 oz condensed milk sweetened canned
- 0.5 teaspoon vanilla extract
- 8 cups water cold

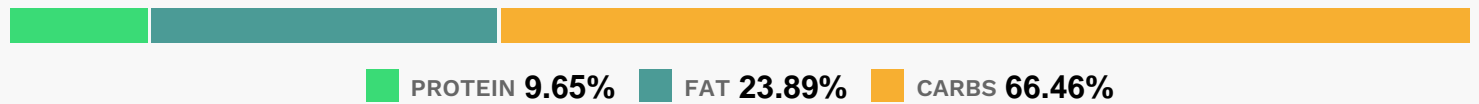
Equipment

- sieve
- dutch oven
- cheesecloth

Directions

- Stir together ground coffee and 8 cups cold water in a pitcher until well combined; let stand at room temperature 12 hours.
- Pour coffee mixture through a large, fine wire-mesh strainer into a Dutch oven or other large container, discarding grounds. Clean strainer; place a coffee filter or double layer of cheesecloth in strainer, and pour coffee mixture through lined strainer into a pitcher.
- Add vanilla extract. (Cover and store in refrigerator up to 1 week, if desired.)
- Stir together coffee mixture and sweetened condensed milk.
- Serve over ice.

Nutrition Facts



Properties

Glycemic Index:8.71, Glycemic Load:18.82, Inflammation Score:-2, Nutrition Score:4.2000000120505%

Nutrients (% of daily need)

Calories: 182.83kcal (9.14%), Fat: 4.93g (7.59%), Saturated Fat: 3.11g (19.46%), Carbohydrates: 30.88g (10.29%), Net Carbohydrates: 30.88g (11.23%), Sugar: 30.88g (34.31%), Cholesterol: 19.28mg (6.43%), Sodium: 85.55mg (3.72%), Alcohol: 0.1g (100%), Alcohol %: 0.03% (100%), Caffeine: 46.33mg (15.44%), Protein: 4.49g (8.97%), Calcium: 169.17mg (16.92%), Phosphorus: 143.47mg (14.35%), Vitamin B2: 0.24mg (13.89%), Selenium: 8.39µg (11.99%), Potassium: 210.78mg (6.02%), Magnesium: 17.48mg (4.37%), Vitamin B5: 0.43mg (4.25%), Vitamin B12: 0.25µg (4.16%), Zinc: 0.56mg (3.74%), Vitamin B1: 0.05mg (3.4%), Vitamin A: 151.39IU (3.03%), Copper: 0.05mg (2.6%), Vitamin C: 1.47mg (1.79%), Folate: 6.24µg (1.56%), Vitamin B6: 0.03mg (1.45%)