



The Best Chocolate Cupcakes Ever!

READY IN

ready

35 min.

SERVINGS

servings

6

CALORIES

calories

244 kcal

DESSERT

Ingredients

- ☐ 0.5 teaspoon double-acting baking powder
- ☐ 3 tablespoons cocoa powder to taste
- ☐ 0.5 eggs
- ☐ 0.8 cup flour all-purpose
- ☐ 6 milk chocolate candy kisses kisses® such as Hershey's
- ☐ 3 tablespoons butter softened
- ☐ 3.5 teaspoons vanilla extract
- ☐ 3 tablespoons water
- ☐ 0.8 cup sugar white

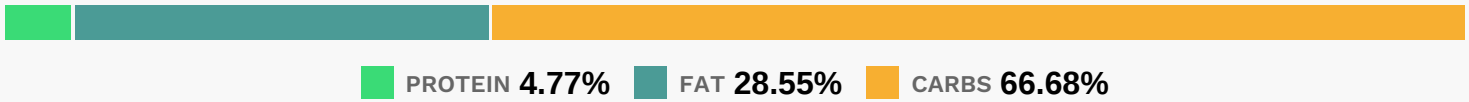
Equipment

- ☐ bowl
- ☐ oven
- ☐ toothpicks
- ☐ muffin liners

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C). Grease 6 muffin cups or line with paper liners.
- ☐ Mix flour, sugar, cocoa powder, and baking powder together in a bowl.
- ☐ Stir margarine, water, egg, and vanilla extract together. Beat margarine mixture into flour mixture. Fill each muffin cup halfway with batter; press candy kiss into the center of each half-filled muffin cup.
- ☐ Bake in the preheated oven until a toothpick inserted in the center of each muffin comes out clean, 20 to 25 minutes.

Nutrition Facts



Properties

Glycemic Index:39.52, Glycemic Load:26.16, Inflammation Score:-3, Nutrition Score:4.1360869797999%

Flavonoids

Catechin: 1.62mg, Catechin: 1.62mg, Catechin: 1.62mg, Catechin: 1.62mg Epicatechin: 4.91mg, Epicatechin: 4.91mg, Epicatechin: 4.91mg, Epicatechin: 4.91mg Quercetin: 0.25mg, Quercetin: 0.25mg, Quercetin: 0.25mg, Quercetin: 0.25mg

Nutrients (% of daily need)

Calories: 243.81kcal (12.19%), Fat: 7.91g (12.17%), Saturated Fat: 2.3g (14.37%), Carbohydrates: 41.56g (13.85%), Net Carbohydrates: 40.1g (14.58%), Sugar: 27.93g (31.03%), Cholesterol: 14.79mg (4.93%), Sodium: 112.14mg (4.88%), Alcohol: 0.8g (100%), Alcohol %: 1.48% (100%), Caffeine: 5.75mg (1.92%), Protein: 2.97g (5.94%), Manganese: 0.21mg (10.5%), Selenium: 6.93µg (9.9%), Vitamin B1: 0.13mg (8.47%), Folate: 31.19µg (7.8%), Iron: 1.23mg (6.84%), Vitamin B2: 0.11mg (6.44%), Copper: 0.12mg (6.23%), Fiber: 1.46g (5.85%), Vitamin A: 270.19IU (5.4%), Phosphorus: 51.54mg (5.15%), Vitamin B3: 0.99mg (4.96%), Magnesium: 17.01mg (4.25%), Calcium: 39.1mg (3.91%), Zinc: 0.33mg

(2.22%), Potassium: 66.74mg (1.91%), Vitamin E: 0.27mg (1.78%), Vitamin B5: 0.14mg (1.38%)